

Healthy Habits Word Search

Puzzle 7

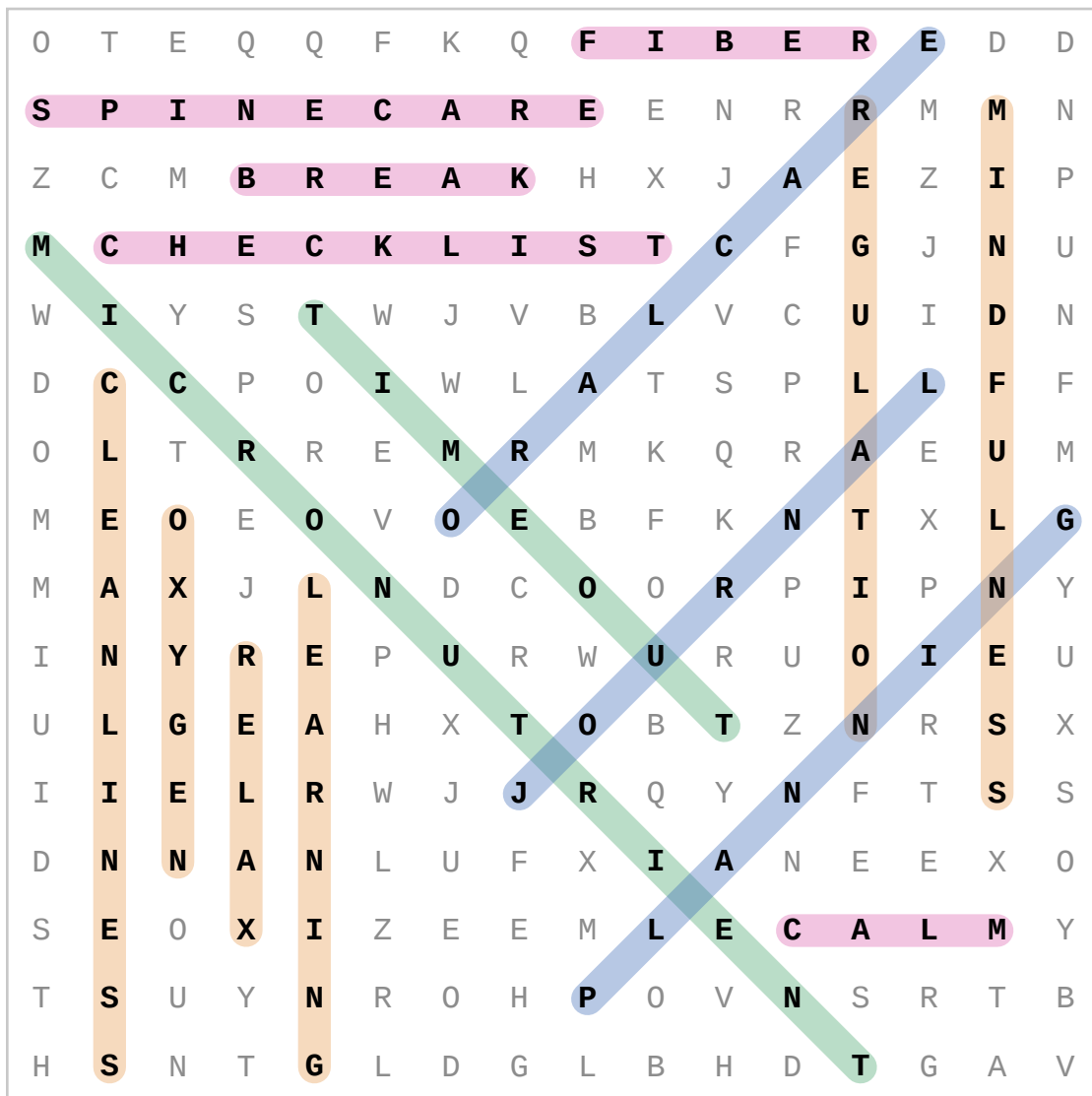
O	T	E	Q	Q	F	K	Q	F	I	B	E	R	E	D	D
S	P	I	N	E	C	A	R	E	E	N	R	R	M	M	N
Z	C	M	B	R	E	A	K	H	X	J	A	E	Z	I	P
M	C	H	E	C	K	L	I	S	T	C	F	G	J	N	U
W	I	Y	S	T	W	J	V	B	L	V	C	U	I	D	N
D	C	C	P	O	I	W	L	A	T	S	P	L	L	F	F
O	L	T	R	R	E	M	R	M	K	Q	R	A	E	U	M
M	E	O	E	O	V	O	E	B	F	K	N	T	X	L	G
M	A	X	J	L	N	D	C	O	O	R	P	I	P	N	Y
I	N	Y	R	E	P	U	R	W	U	R	U	O	I	E	U
U	L	G	E	A	H	X	T	O	B	T	Z	N	R	S	X
I	I	E	L	R	W	J	J	R	Q	Y	N	F	T	S	S
D	N	N	A	N	L	U	F	X	I	A	N	E	E	X	O
S	E	O	X	I	Z	E	E	M	L	E	C	A	L	M	Y
T	S	U	Y	N	R	O	H	P	O	V	N	S	R	T	B
H	S	N	T	G	L	D	G	L	B	H	D	T	G	A	V

**BREAK
CHECKLIST
FIBER
LEARNING
MINDFULNESS
OXYGEN
REGULATION
SPINECARE**

**CALM
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RELAX
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