

# Fitness Word Search

## Puzzle 5

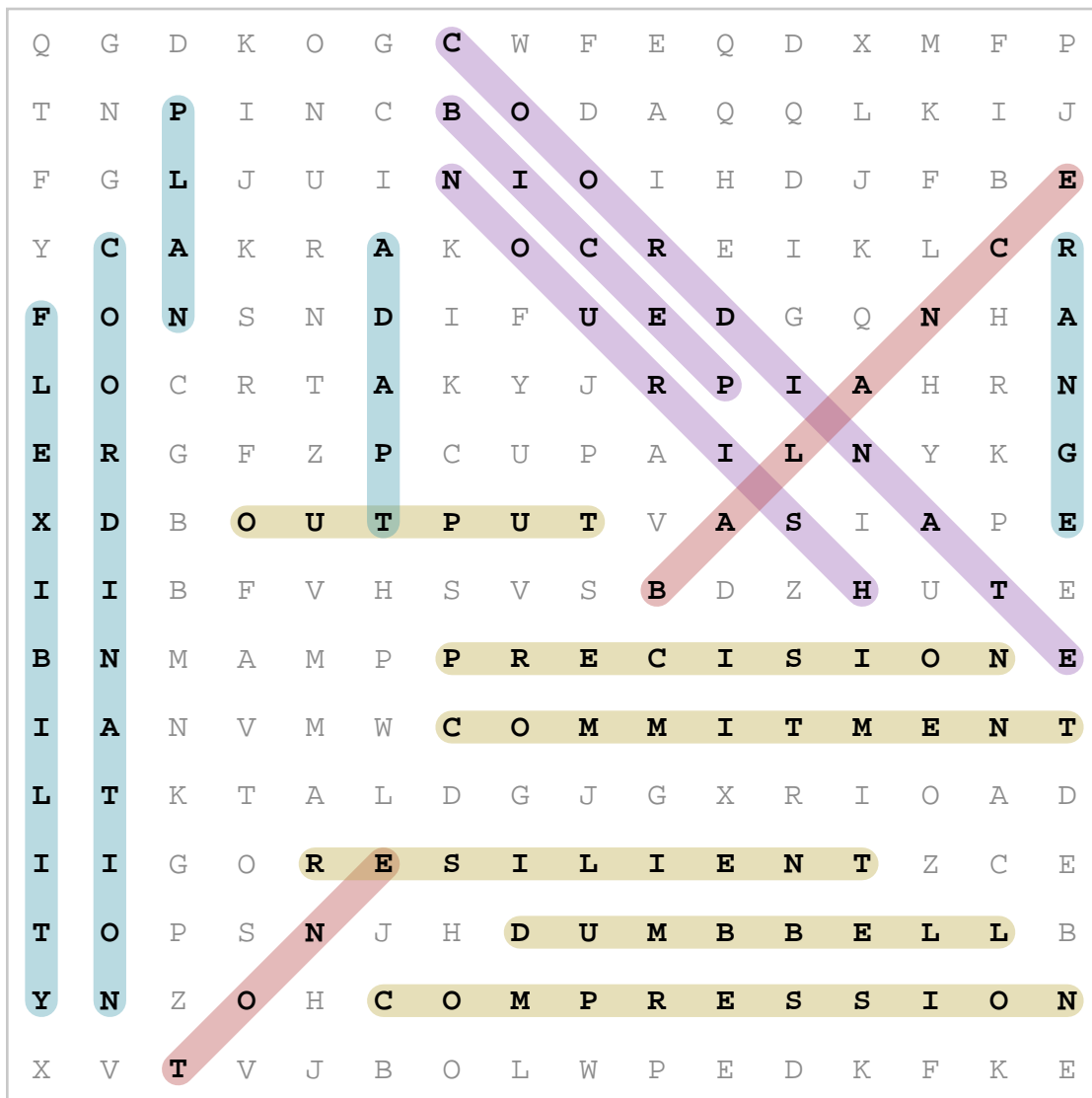
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Q | G | D | K | O | G | C | W | F | E | Q | D | X | M | F | P |
| T | N | P | I | N | C | B | O | D | A | Q | Q | L | K | I | J |
| F | G | L | J | U | I | N | I | O | I | H | D | J | F | B | E |
| Y | C | A | K | R | A | K | O | C | R | E | I | K | L | C | R |
| F | O | N | S | N | D | I | F | U | E | D | G | Q | N | H | A |
| L | O | C | R | T | A | K | Y | J | R | P | I | A | H | R | N |
| E | R | G | F | Z | P | C | U | P | A | I | L | N | Y | K | G |
| X | D | B | O | U | T | P | U | T | V | A | S | I | A | P | E |
| I | I | B | F | V | H | S | V | S | B | D | Z | H | U | T | E |
| B | N | M | A | M | P | P | R | E | C | I | S | I | O | N | E |
| I | A | N | V | M | W | C | O | M | M | I | T | M | E | N | T |
| L | T | K | T | A | L | D | G | J | G | X | R | I | O | A | D |
| I | I | G | O | R | E | S | I | L | I | E | N | T | Z | C | E |
| T | O | P | S | N | J | H | D | U | M | B | B | E | L | L | B |
| Y | N | Z | O | H | C | O | M | P | R | E | S | S | I | O | N |
| X | V | T | V | J | B | O | L | W | P | E | D | K | F | K | E |

**ADAPT  
BICEP  
COMPRESSION  
COORDINATION  
FLEXIBILITY  
OUTPUT  
PRECISION  
RESILIENT**

**BALANCE  
COMMITMENT  
COORDINATE  
DUMBBELL  
NOURISH  
PLAN  
RANGE  
TONE**

# Fitness Word Search

## Puzzle-Solution 5



**ADAPT  
BICEP  
COMPRESSION  
COORDINATION  
FLEXIBILITY  
OUTPUT  
PRECISION  
RESILIENT**

**BALANCE  
COMMITMENT  
COORDINATE  
DUMBBELL  
NOURISH  
PLAN  
RANGE  
TONE**