

# Mindfulness Word Search

## Puzzle 3

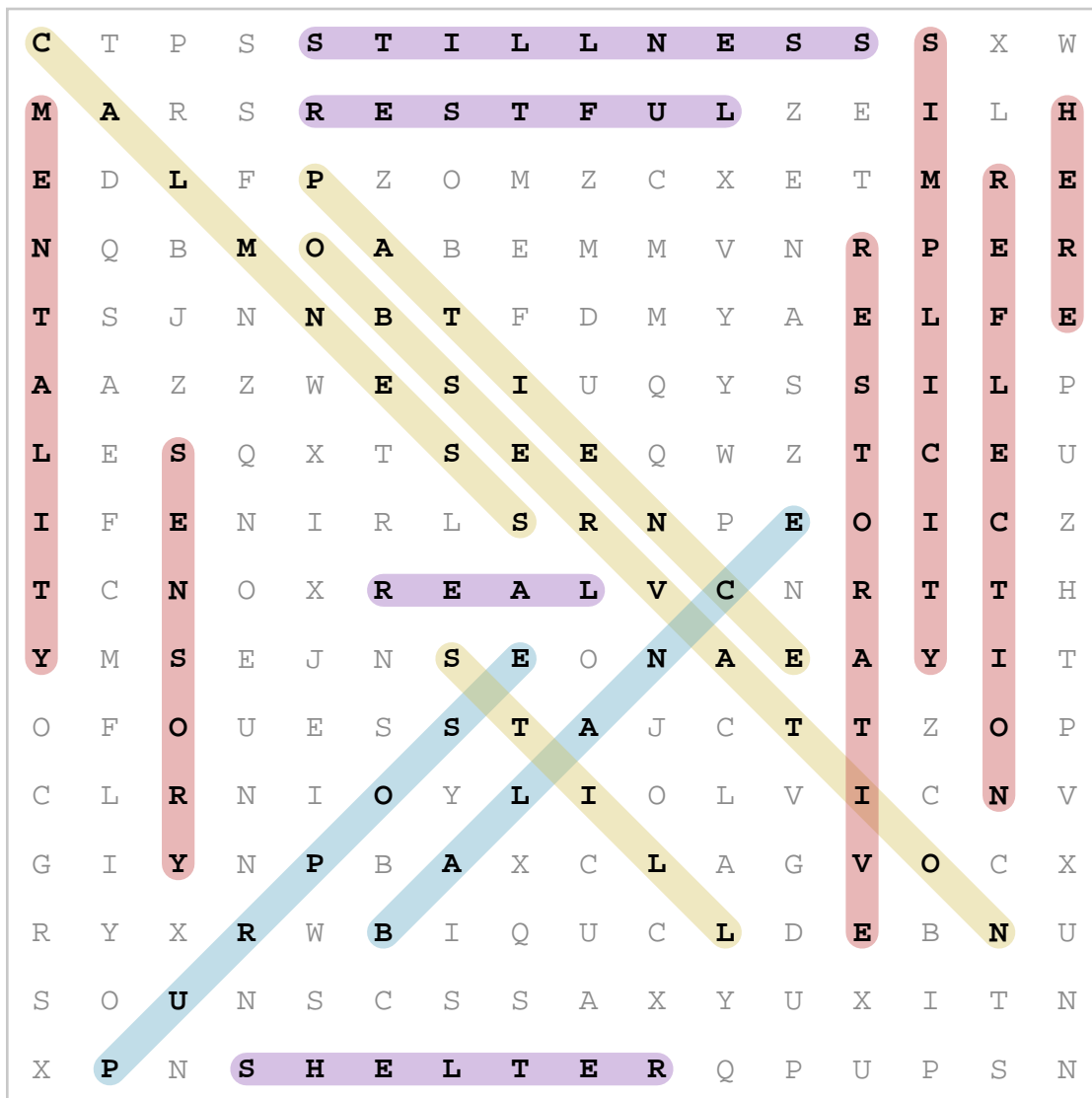
C	T	P	S	S	T	I	L	L	N	E	S	S	S	X	W
M	A	R	S	R	E	S	T	F	U	L	Z	E	I	L	H
E	D	L	F	P	Z	O	M	Z	C	X	E	T	M	R	E
N	Q	B	M	O	A	B	E	M	M	V	N	R	P	E	R
T	S	J	N	N	B	T	F	D	M	Y	A	E	L	F	E
A	A	Z	Z	W	E	S	I	U	Q	Y	S	S	I	L	P
L	E	S	Q	X	T	S	E	E	Q	W	Z	T	C	E	U
I	F	E	N	I	R	L	S	R	N	P	E	O	I	C	Z
T	C	N	O	X	R	E	A	L	V	C	N	R	T	T	H
Y	M	S	E	J	N	S	E	O	N	A	E	A	Y	I	T
O	F	O	U	E	S	S	T	A	J	C	T	T	Z	O	P
C	L	R	N	I	O	Y	L	I	O	L	V	I	C	N	V
G	I	Y	N	P	B	A	X	C	L	A	G	V	O	C	X
R	Y	X	R	W	B	I	Q	U	C	L	D	E	B	N	U
S	O	U	N	S	C	S	S	A	X	Y	U	X	I	T	N
X	P	N	S	H	E	L	T	E	R	Q	P	U	P	S	N

**BALANCE  
HERE  
OBSERVATION  
PURPOSE  
REFLECTION  
RESTORATIVE  
SHELTER  
STILL**

**CALMNESS  
MENTALITY  
PATIENCE  
REAL  
RESTFUL  
SENSORY  
SIMPLICITY  
STILLNESS**

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## Puzzle-Solution 3



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