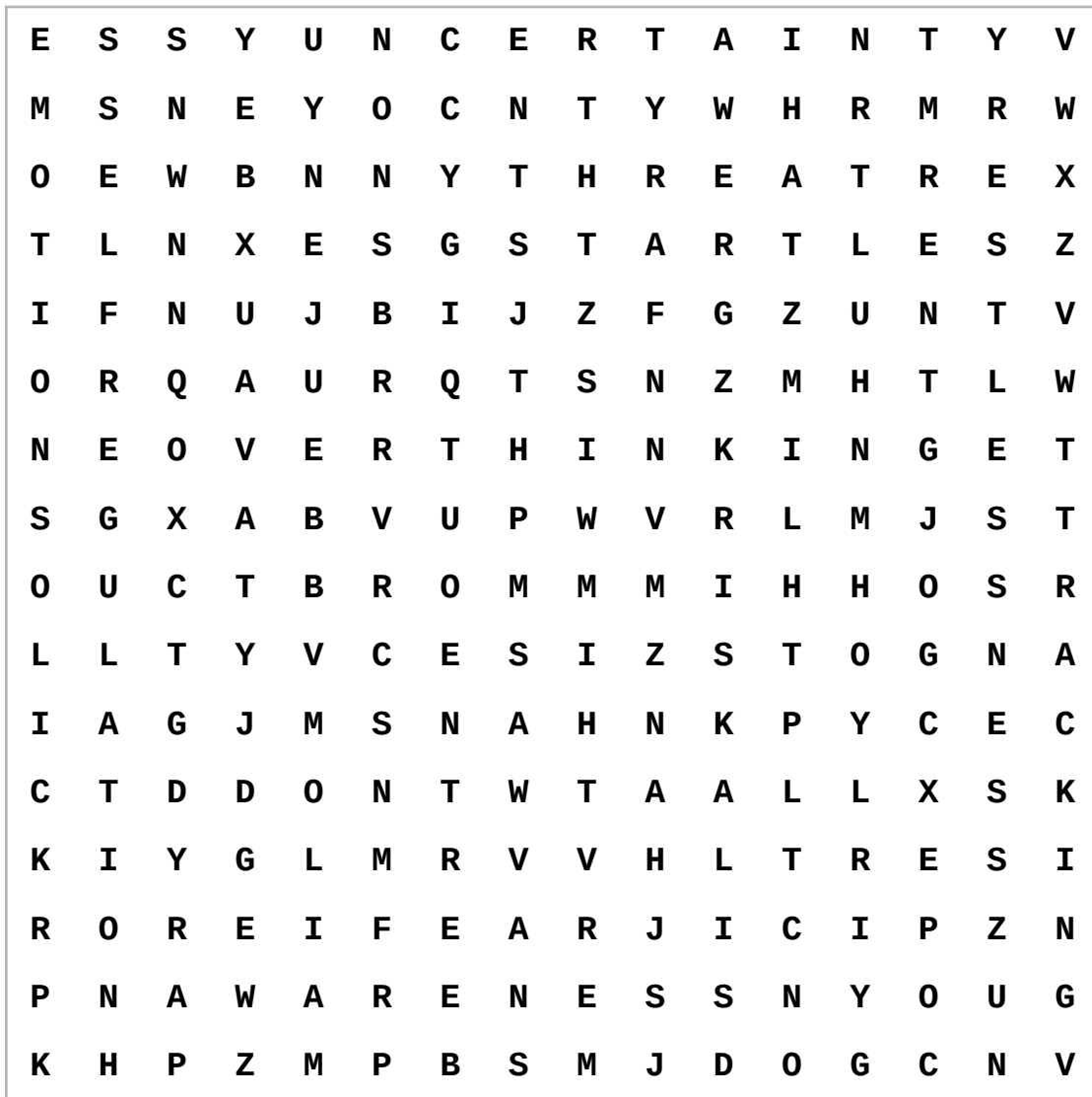


Anxiety Awareness Word Search

Puzzle 5

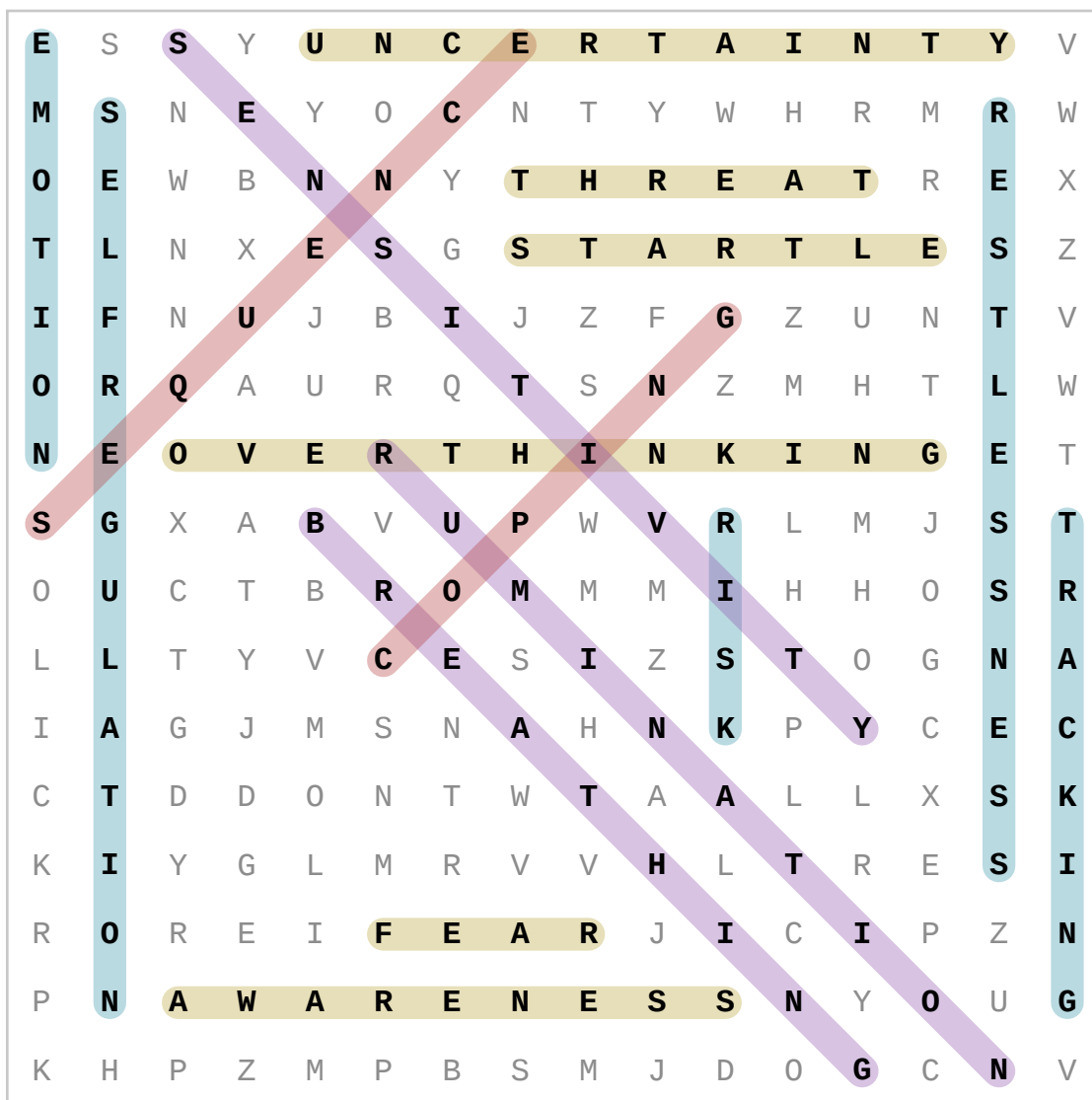


**AWARENESS
COPING
FEAR
RESTLESSNESS
RUMINATION
SENSITIVITY
STARTLE
TRACKING**

**BREATHING
EMOTION
OVERTHINKING
RISK
SELFREGULATION
SEQUENCE
THREAT
UNCERTAINTY**

Anxiety Awareness Word Search

Puzzle-Solution 5



AWARENESS
COPING
FEAR
RESTLESSNESS
RUMINATION
SENSITIVITY
STARTLE
TRACKING

BREATHING
EMOTION
OVERTHINKING
RISK
SELFREGULATION
SEQUENCE
THREAT
UNCERTAINTY