

Mindfulness Word Search

Puzzle 1

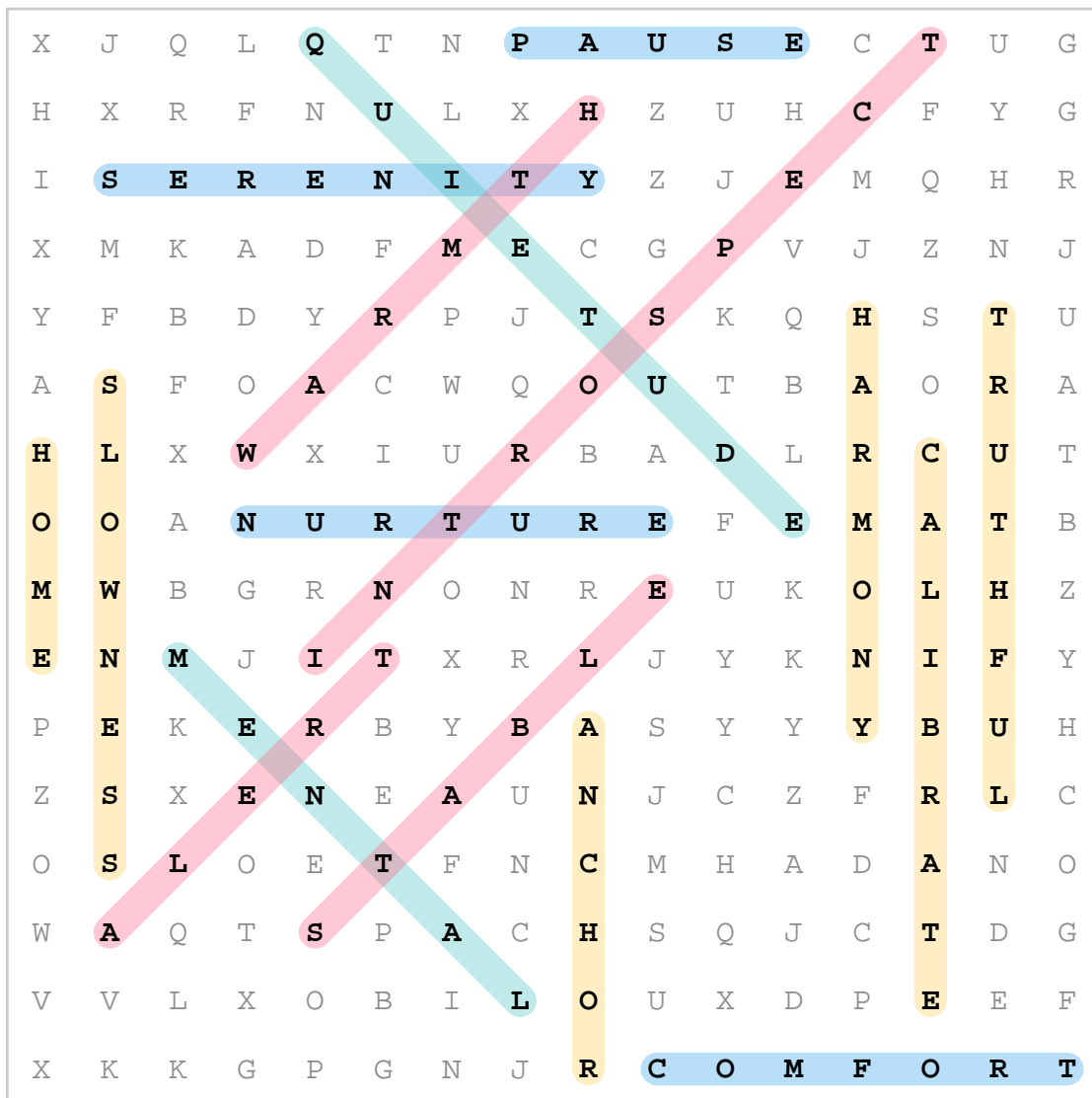
X	J	Q	L	Q	T	N	P	A	U	S	E	C	T	U	G
H	X	R	F	N	U	L	X	H	Z	U	H	C	F	Y	G
I	S	E	R	E	N	I	T	Y	Z	J	E	M	Q	H	R
X	M	K	A	D	F	M	E	C	G	P	V	J	Z	N	J
Y	F	B	D	Y	R	P	J	T	S	K	Q	H	S	T	U
A	S	F	O	A	C	W	Q	O	U	T	B	A	O	R	A
H	L	X	W	X	I	U	R	B	A	D	L	R	C	U	T
O	O	A	N	U	R	T	U	R	E	F	E	M	A	T	B
M	W	B	G	R	N	O	N	R	E	U	K	O	L	H	Z
E	N	M	J	I	T	X	R	L	J	Y	K	N	I	F	Y
P	E	K	E	R	B	Y	B	A	S	Y	Y	Y	B	U	H
Z	S	X	E	N	E	A	U	N	J	C	Z	F	R	L	C
O	S	L	O	E	T	F	N	C	M	H	A	D	A	N	O
W	A	Q	T	S	P	A	C	H	S	Q	J	C	T	D	G
V	V	L	X	O	B	I	L	O	U	X	D	P	E	E	F
X	K	K	G	P	G	N	J	R	C	O	M	F	O	R	T

**ALERT
CALIBRATE
HARMONY
INTROSPECT
NURTURE
QUIETUDE
SLOWNESS
TRUTHFUL**

**ANCHOR
COMFORT
HOME
MENTAL
PAUSE
SERENITY
STABLE
WARMTH**

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Puzzle-Solution 1



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