

# Mindfulness Word Search

## Puzzle 4

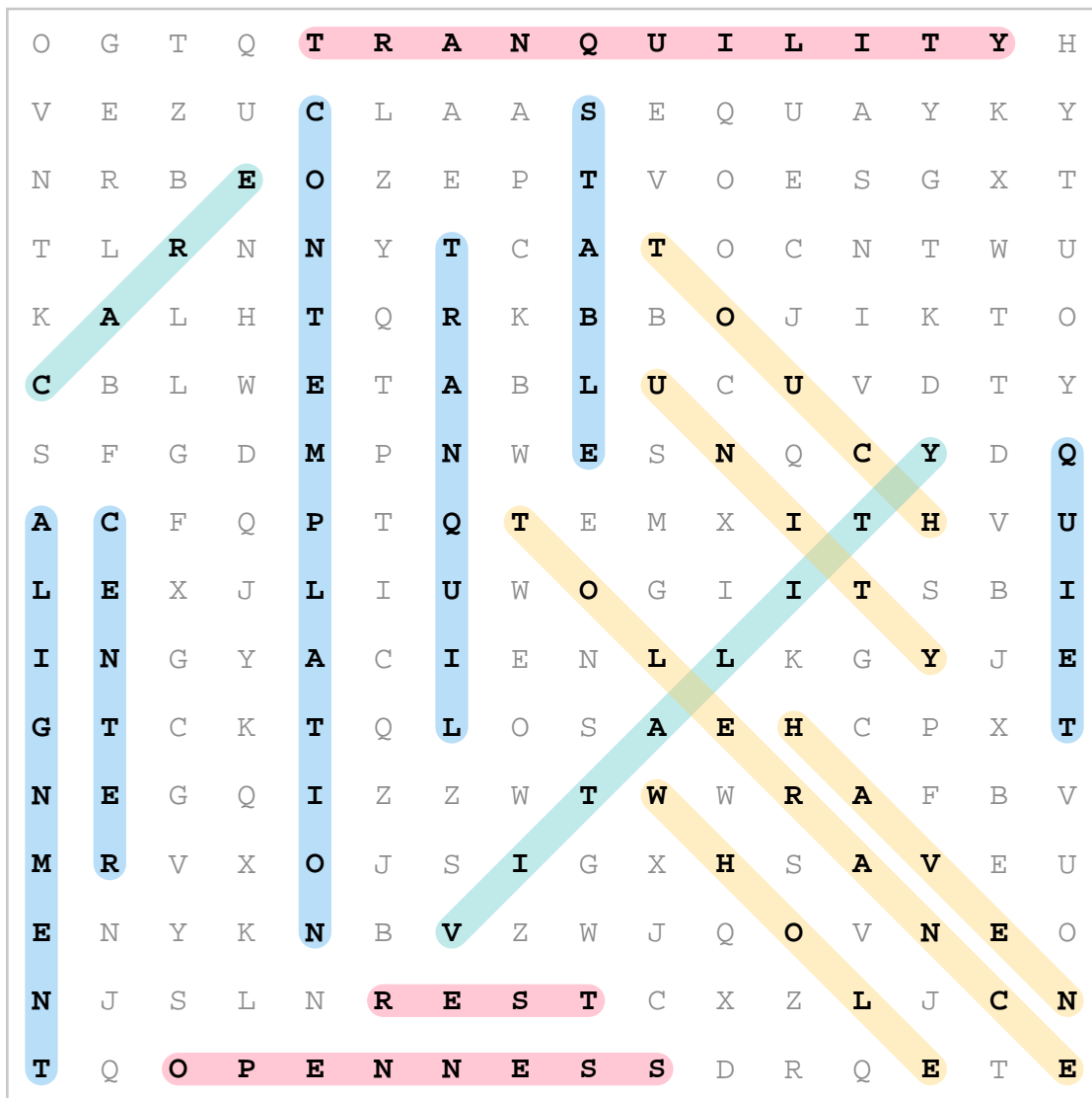
O	G	T	Q	T	R	A	N	Q	U	I	L	I	T	Y	H
V	E	Z	U	C	L	A	A	S	E	Q	U	A	Y	K	Y
N	R	B	E	O	Z	E	P	T	V	O	E	S	G	X	T
T	L	R	N	N	Y	T	C	A	T	O	C	N	T	W	U
K	A	L	H	T	Q	R	K	B	B	O	J	I	K	T	O
C	B	L	W	E	T	A	B	L	U	C	U	V	D	T	Y
S	F	G	D	M	P	N	W	E	S	N	Q	C	Y	D	Q
A	C	F	Q	P	T	Q	T	E	M	X	I	T	H	V	U
L	E	X	J	L	I	U	W	O	G	I	I	T	S	B	I
I	N	G	Y	A	C	I	E	N	L	L	K	G	Y	J	E
G	T	C	K	T	Q	L	O	S	A	E	H	C	P	X	T
N	E	G	Q	I	Z	Z	W	T	W	W	R	A	F	B	V
M	R	V	X	O	J	S	I	G	X	H	S	A	V	E	U
E	N	Y	K	N	B	V	Z	W	J	Q	O	V	N	E	O
N	J	S	L	N	R	E	S	T	C	X	Z	L	J	C	N
T	Q	O	P	E	N	N	E	S	S	D	R	Q	E	T	E

**ALIGNMENT  
CENTER  
HAVEN  
QUIET  
STABLE  
TOUCH  
TRANQUILITY  
VITALITY**

**CARE  
CONTEMPLATION  
OPENNESS  
REST  
TOLERANCE  
TRANQUIL  
UNITY  
WHOLE**

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## Puzzle-Solution 4



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