

# Mindfulness Word Search

## Puzzle 7

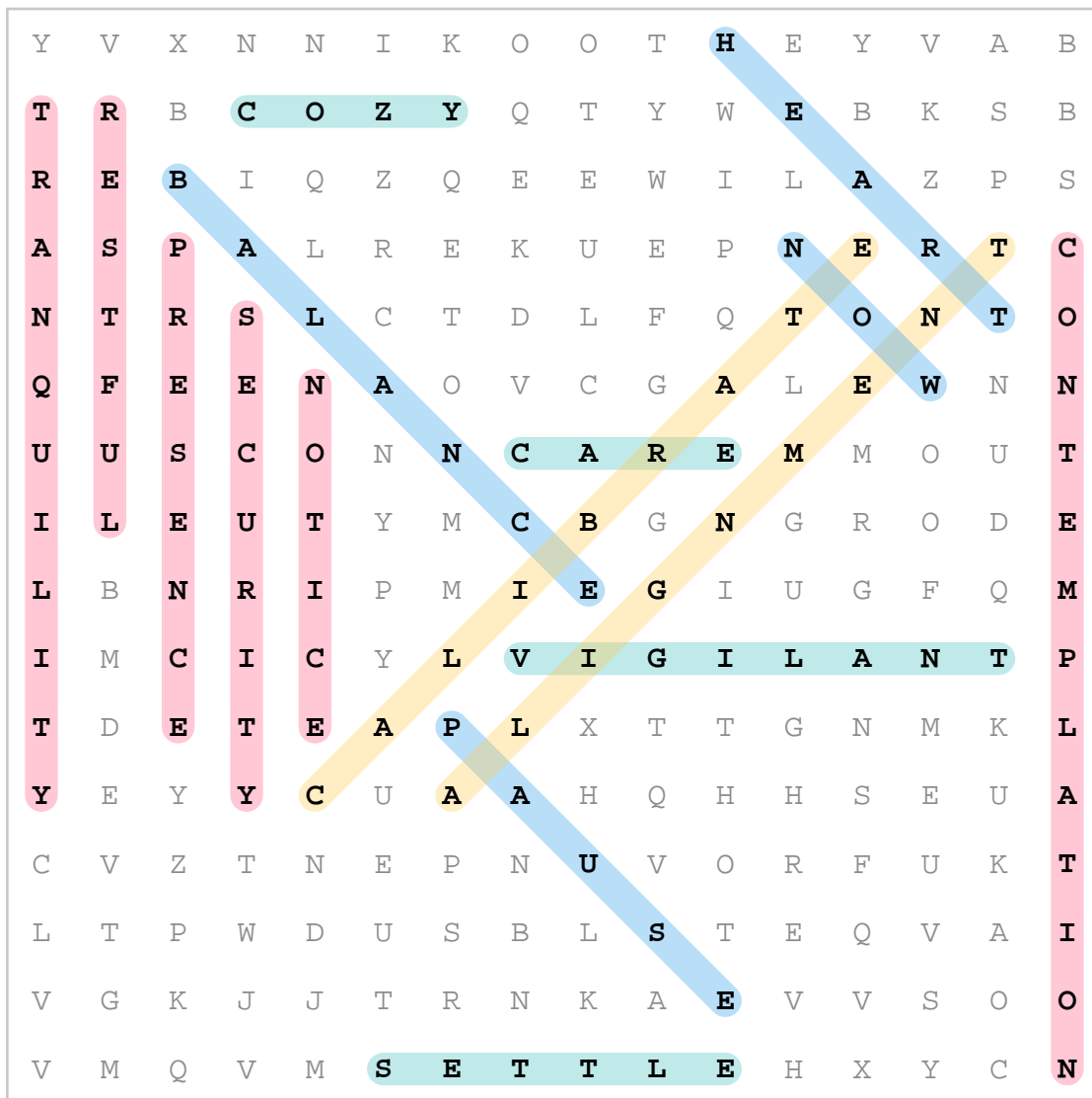
Y	V	X	N	N	I	K	O	O	T	H	E	Y	V	A	B
T	R	B	C	O	Z	Y	Q	T	Y	W	E	B	K	S	B
R	E	B	I	Q	Z	Q	E	E	W	I	L	A	Z	P	S
A	S	P	A	L	R	E	K	U	E	P	N	E	R	T	C
N	T	R	S	L	C	T	D	L	F	Q	T	O	N	T	O
Q	F	E	E	N	A	O	V	C	G	A	L	E	W	N	N
U	U	S	C	O	N	N	C	A	R	E	M	M	O	U	T
I	L	E	U	T	Y	M	C	B	G	N	G	R	O	D	E
L	B	N	R	I	P	M	I	E	G	I	U	G	F	Q	M
I	M	C	I	C	Y	L	V	I	G	I	L	A	N	T	P
T	D	E	T	E	A	P	L	X	T	T	G	N	M	K	L
Y	E	Y	Y	C	U	A	A	H	Q	H	H	S	E	U	A
C	V	Z	T	N	E	P	N	U	V	O	R	F	U	K	T
L	T	P	W	D	U	S	B	L	S	T	E	Q	V	A	I
V	G	K	J	J	T	R	N	K	A	E	V	V	S	O	O
V	M	Q	V	M	S	E	T	T	L	E	H	X	Y	C	N

ALIGNMENT  
CALIBRATE  
CONTEMPLATION  
HEART  
NOW  
PRESENCE  
SECURITY  
TRANQUILITY

BALANCE  
CARE  
COZY  
NOTICE  
PAUSE  
RESTFUL  
SETTLE  
VIGILANT

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## Puzzle-Solution 7



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