

Selfcare Word Search

Puzzle 9

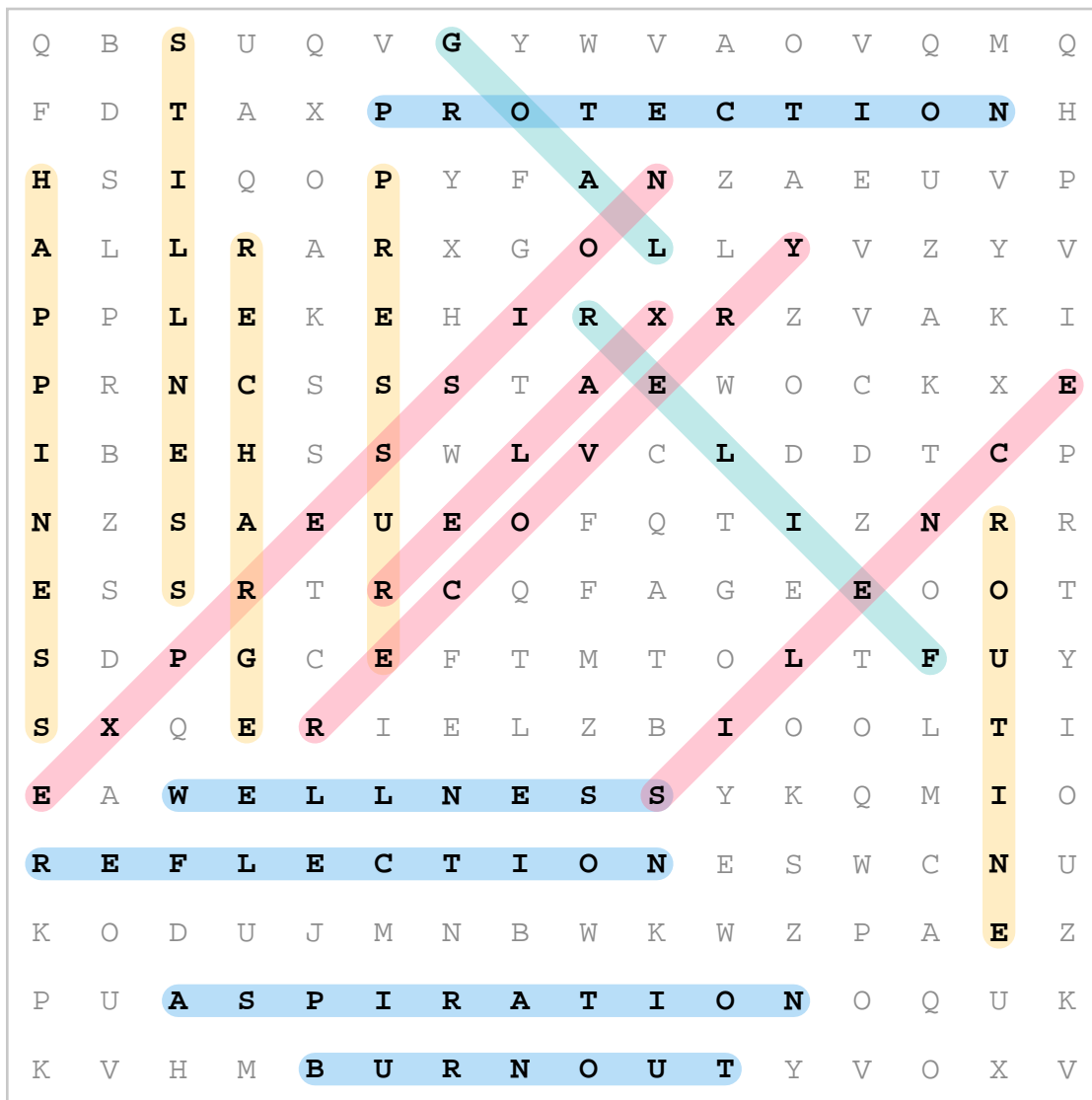
Q	B	S	U	Q	V	G	Y	W	V	A	O	V	Q	M	Q
F	D	T	A	X	P	R	O	T	E	C	T	I	O	N	H
H	S	I	Q	O	P	Y	F	A	N	Z	A	E	U	V	P
A	L	L	R	A	R	X	G	O	L	L	Y	V	Z	Y	V
P	P	L	E	K	E	H	I	R	X	R	Z	V	A	K	I
P	R	N	C	S	S	S	T	A	E	W	O	C	K	X	E
I	B	E	H	S	S	W	L	V	C	L	D	D	T	C	P
N	Z	S	A	E	U	E	O	F	Q	T	I	Z	N	R	R
E	S	S	R	T	R	C	Q	F	A	G	E	E	O	O	T
S	D	P	G	C	E	F	T	M	T	O	L	T	F	U	Y
S	X	Q	E	R	I	E	L	Z	B	I	O	O	L	T	I
E	A	W	E	L	L	N	E	S	S	Y	K	Q	M	I	O
R	E	F	L	E	C	T	I	O	N	E	S	W	C	N	U
K	O	D	U	J	M	N	B	W	K	W	Z	P	A	E	Z
P	U	A	S	P	I	R	A	T	I	O	N	O	Q	U	K
K	V	H	M	B	U	R	N	O	U	T	Y	V	O	X	V

ASPIRATION
EXPRESSION
HAPPINESS
PROTECTION
RECOVERY
RELAX
ROUTINE
STILLNESS

BURNOUT
GOAL
PRESSURE
RECHARGE
REFLECTION
RELIEF
SILENCE
WELLNESS

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Puzzle-Solution 9



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