

Selfcare Word Search

Puzzle 7

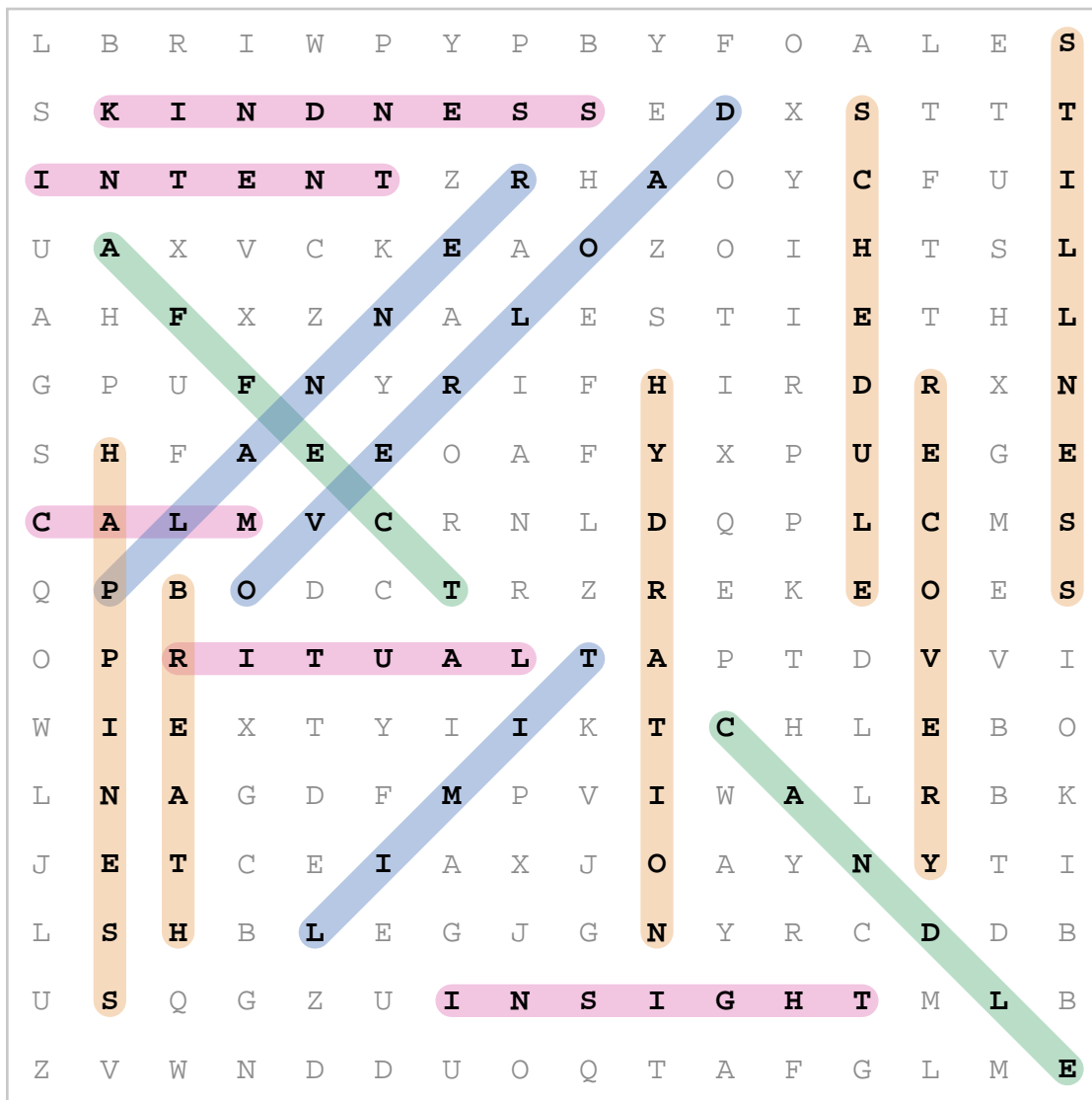
L	B	R	I	W	P	Y	P	B	Y	F	O	A	L	E	S
S	K	I	N	D	N	E	S	S	E	D	X	S	T	T	T
I	N	T	E	N	T	Z	R	H	A	O	Y	C	F	U	I
U	A	X	V	C	K	E	A	O	Z	O	I	H	T	S	L
A	H	F	X	Z	N	A	L	E	S	T	I	E	T	H	L
G	P	U	F	N	Y	R	I	F	H	I	R	D	R	X	N
S	H	F	A	E	E	O	A	F	Y	X	P	U	E	G	E
C	A	L	M	V	C	R	N	L	D	Q	P	L	C	M	S
Q	P	B	O	D	C	T	R	Z	R	E	K	E	O	E	S
O	P	R	I	T	U	A	L	T	A	P	T	D	V	V	I
W	I	E	X	T	Y	I	I	K	T	C	H	L	E	B	O
L	N	A	G	D	F	M	P	V	I	W	A	L	R	B	K
J	E	T	C	E	I	A	X	J	O	A	Y	N	Y	T	I
L	S	H	B	L	E	G	J	G	N	Y	R	C	D	D	B
U	S	Q	G	Z	U	I	N	S	I	G	H	T	M	L	B
Z	V	W	N	D	D	U	O	Q	T	A	F	G	L	M	E

AFFECT
CALM
HAPPINESS
INSIGHT
KINDNESS
OVERLOAD
RECOVERY
SCHEDULE

BREATH
CANDLE
HYDRATION
INTENT
LIMIT
PLANNER
RITUAL
STILLNESS

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Puzzle-Solution 7



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