

# Mindfulness Word Search

## Puzzle 1

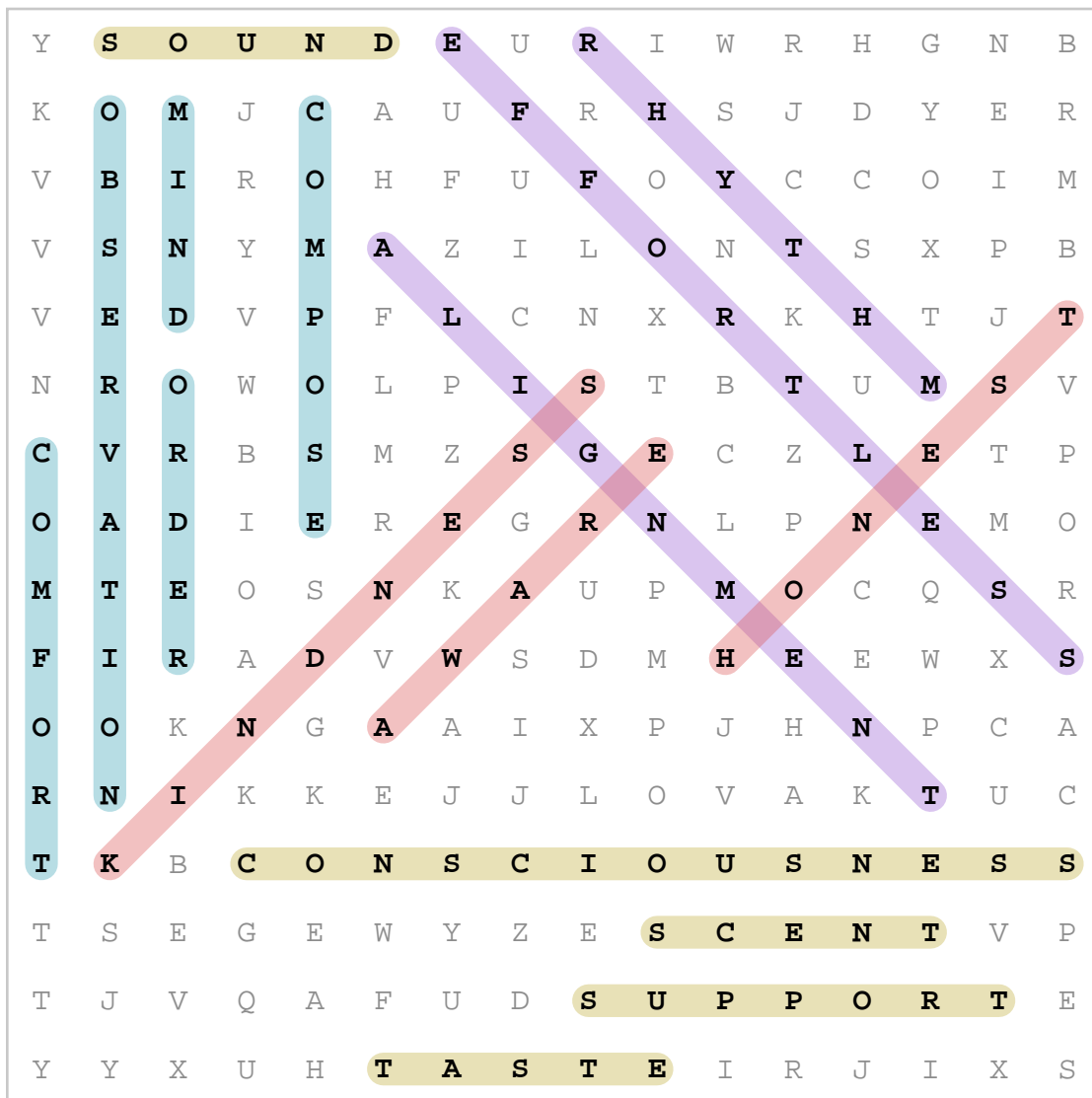
Y	S	O	U	N	D	E	U	R	I	W	R	H	G	N	B
K	O	M	J	C	A	U	F	R	H	S	J	D	Y	E	R
V	B	I	R	O	H	F	U	F	O	Y	C	C	O	I	M
V	S	N	Y	M	A	Z	I	L	O	N	T	S	X	P	B
V	E	D	V	P	F	L	C	N	X	R	K	H	T	J	T
N	R	O	W	O	L	P	I	S	T	B	T	U	M	S	V
C	V	R	B	S	M	Z	S	G	E	C	Z	L	E	T	P
O	A	D	I	E	R	E	G	R	N	L	P	N	E	M	O
M	T	E	O	S	N	K	A	U	P	M	O	C	Q	S	R
F	I	R	A	D	V	W	S	D	M	H	E	E	W	X	S
O	O	K	N	G	A	A	I	X	P	J	H	N	P	C	A
R	N	I	K	K	E	J	J	L	O	V	A	K	T	U	C
T	K	B	C	O	N	S	C	I	O	U	S	N	E	S	S
T	S	E	G	E	W	Y	Z	E	S	C	E	N	T	V	P
T	J	V	Q	A	F	U	D	S	U	P	P	O	R	T	E
Y	Y	X	U	H	T	A	S	T	E	I	R	J	I	X	S

ALIGNMENT  
COMFORT  
CONSCIOUSNESS  
HONEST  
MIND  
ORDER  
SCENT  
SUPPORT

AWARE  
COMPOSE  
EFFORTLESS  
KINDNESS  
OBSERVATION  
RHYTHM  
SOUND  
TASTE

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## Puzzle-Solution 1



**ALIGNMENT  
COMFORT  
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