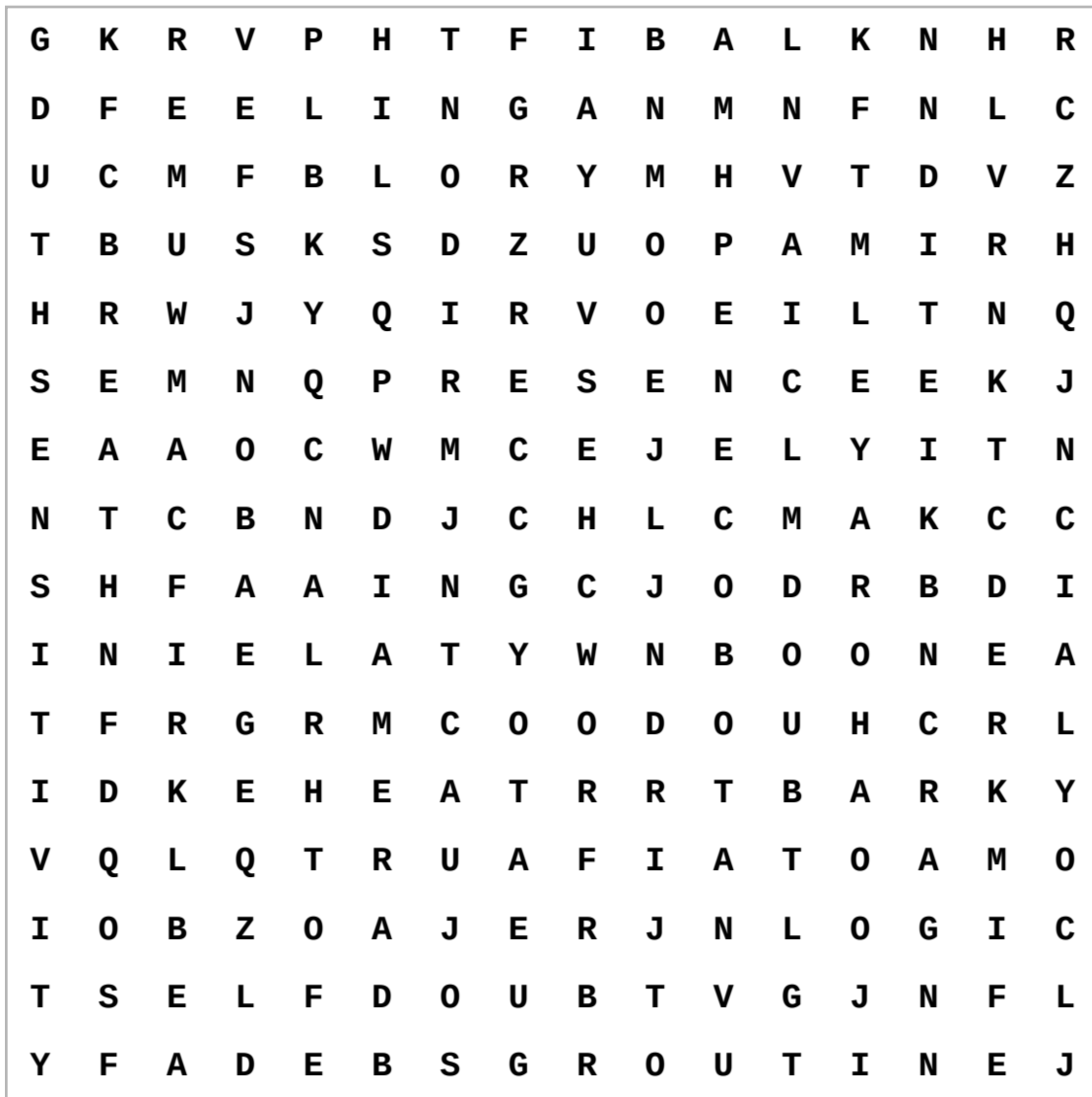


Anxiety Awareness Word Search

Puzzle 219

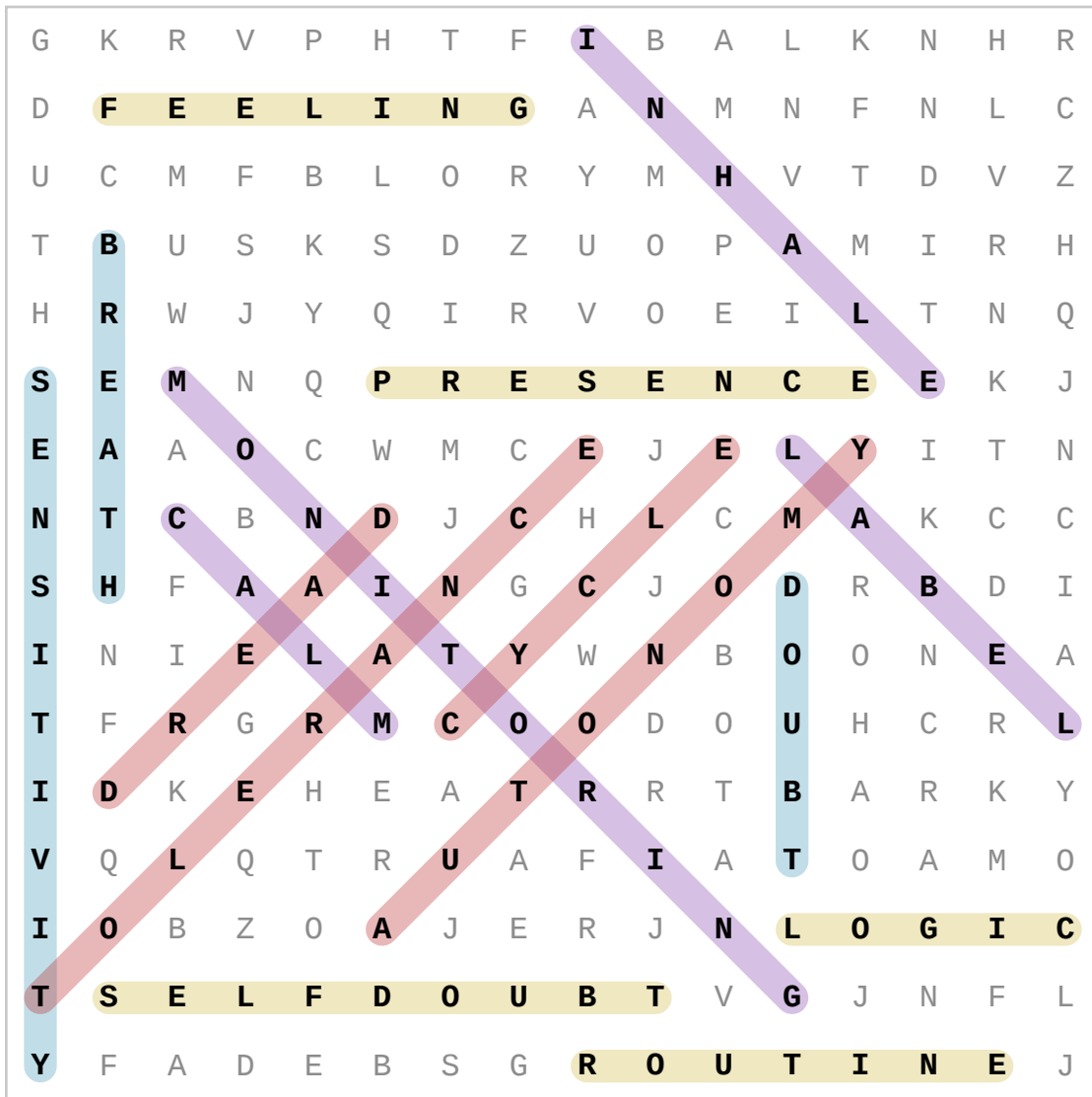


**AUTONOMY
CALM
DOUBT
FEELING
LABEL
MONITORING
ROUTINE
SENSITIVITY**

**BREATH
CYCLE
DREAD
INHALE
LOGIC
PRESENCE
SELFDOUT
TOLERANCE**

Anxiety Awareness Word Search

Puzzle-Solution 219



AUTONOMY
CALM
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