

Anxiety Awareness Word Search

Puzzle 28

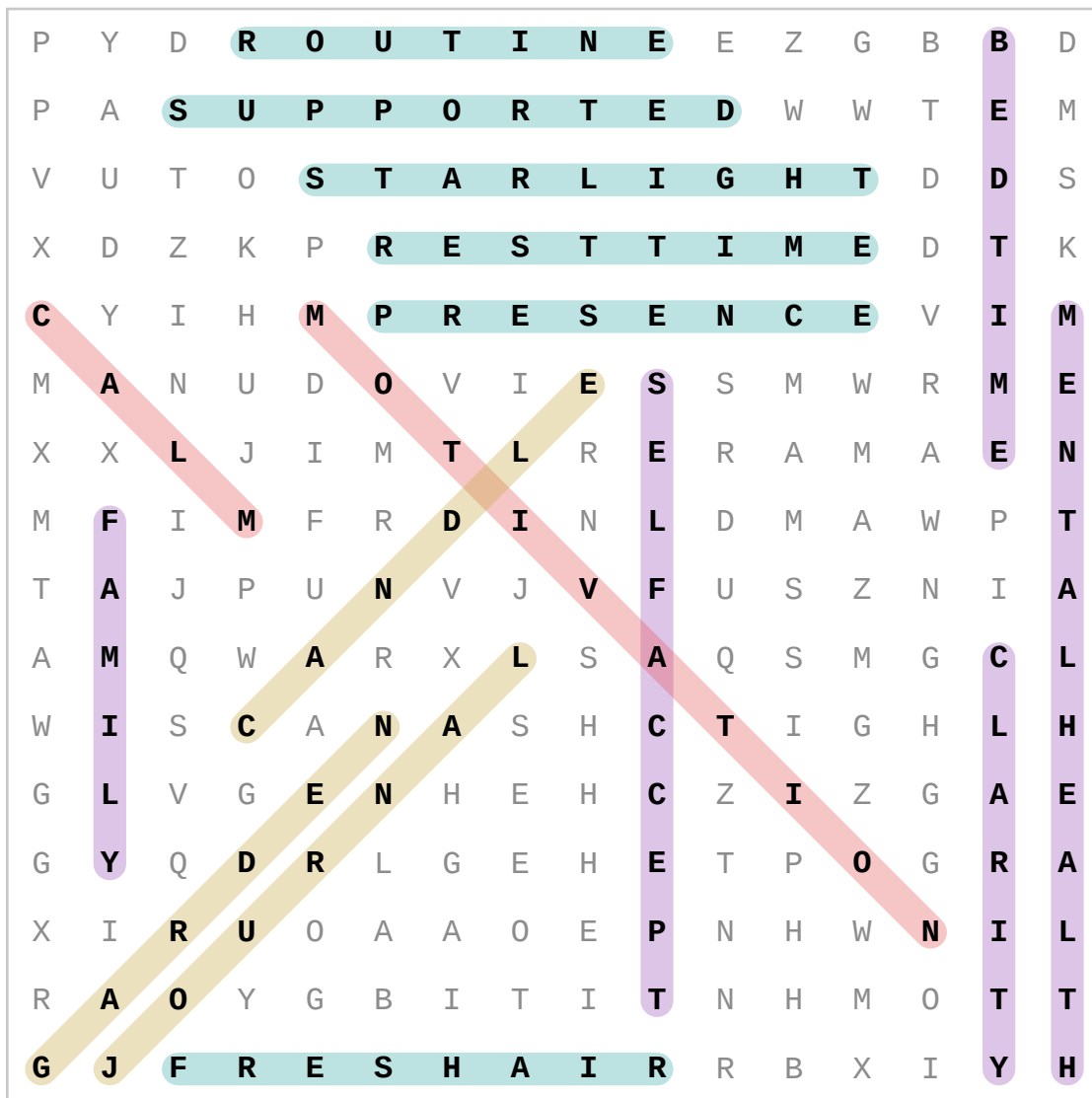
P	Y	D	R	O	U	T	I	N	E	E	Z	G	B	B	D
P	A	S	U	P	P	O	R	T	E	D	W	W	T	E	M
V	U	T	O	S	T	A	R	L	I	G	H	T	D	D	S
X	D	Z	K	P	R	E	S	T	T	I	M	E	D	T	K
C	Y	I	H	M	P	R	E	S	E	N	C	E	V	I	M
M	A	N	U	D	O	V	I	E	S	S	M	W	R	M	E
X	X	L	J	I	M	T	L	R	E	R	A	M	A	E	N
M	F	I	M	F	R	D	I	N	L	D	M	A	W	P	T
T	A	J	P	U	N	V	J	V	F	U	S	Z	N	I	A
A	M	Q	W	A	R	X	L	S	A	Q	S	M	G	C	L
W	I	S	C	A	N	A	S	H	C	T	I	G	H	L	H
G	L	V	G	E	N	H	E	H	C	Z	I	Z	G	A	E
G	Y	Q	D	R	L	G	E	H	E	T	P	O	G	R	A
X	I	R	U	O	A	A	O	E	P	N	H	W	N	I	L
R	A	O	Y	G	B	I	T	I	T	N	H	M	O	T	T
G	J	F	R	E	S	H	A	I	R	R	B	X	I	Y	H

**BEDTIME
CANDLE
FAMILY
GARDEN
MENTALHEALTH
PRESENCE
ROUTINE
STARLIGHT**

**CALM
CLARITY
FRESHAIR
JOURNAL
MOTIVATION
RESTTIME
SELFACCEPT
SUPPORTED**

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