Distress Tolerance Word Search

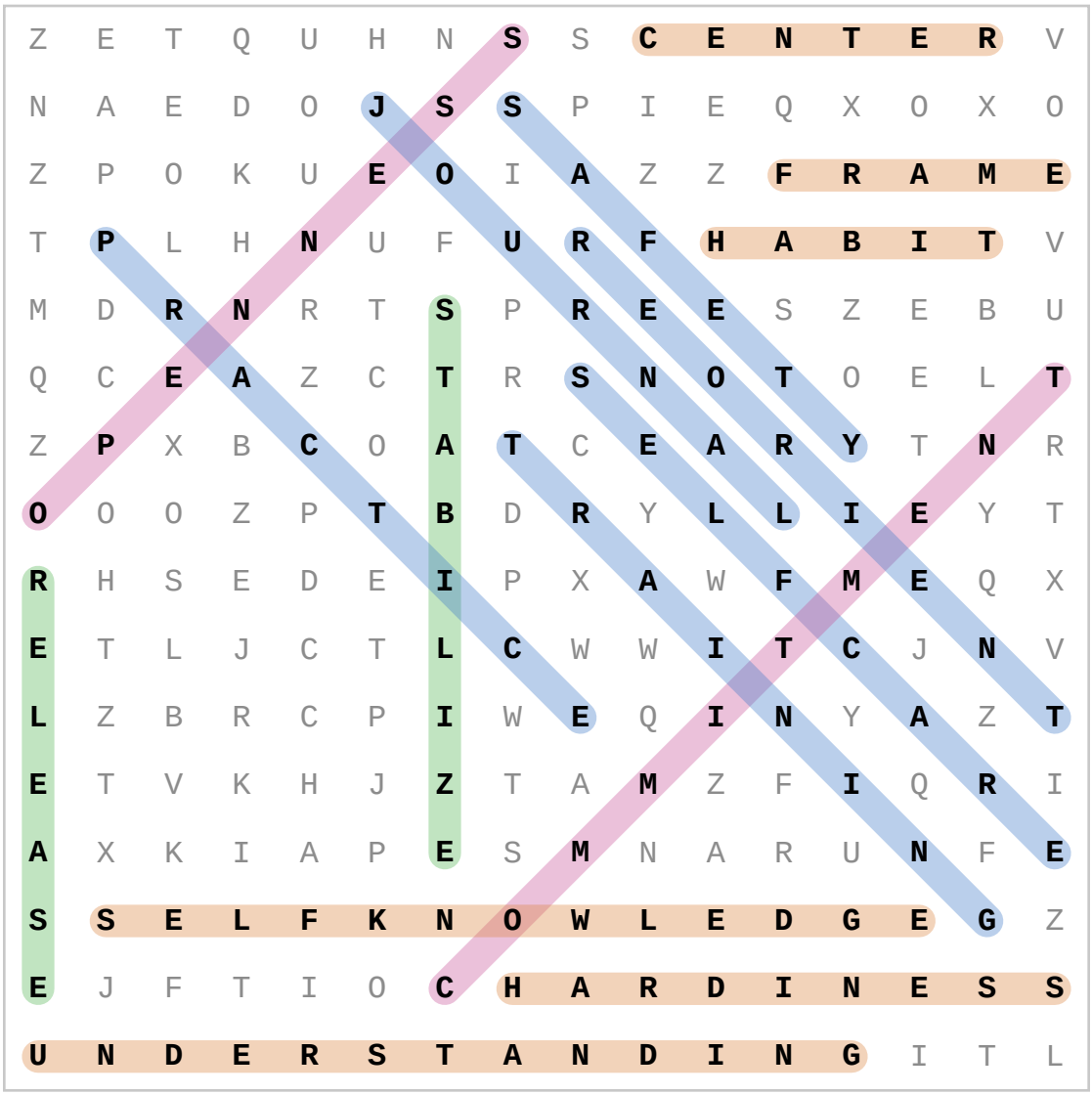
Puzzle 30

Z	E	T	Q	U	H	N	S	S	C	E	N	T	E	R	V
N	A	E	D	O	J	S	S	P	I	E	Q	X	O	X	O
Z	P	O	K	U	E	O	I	A	Z	Z	F	R	A	M	E
T	P	L	H	N	U	F	U	R	F	H	A	B	I	T	V
M	D	R	N	R	T	S	P	R	E	E	S	Z	E	B	U
Q	C	E	A	Z	C	T	R	S	N	O	T	O	E	L	T
Z	P	X	B	C	O	A	T	C	E	A	R	Y	T	N	R
O	O	O	Z	P	T	B	D	R	Y	L	L	I	E	Y	T
R	H	S	E	D	E	I	P	X	A	W	F	M	E	Q	X
E	T	L	J	C	T	L	C	W	W	I	T	C	J	N	V
L	Z	B	R	C	P	I	W	E	Q	I	N	Y	A	Z	T
E	T	V	K	H	J	Z	T	A	M	Z	F	I	Q	R	I
A	X	K	I	A	P	E	S	M	N	A	R	U	N	F	E
S	S	E	L	F	K	N	O	W	L	E	D	G	E	G	Z
E	J	F	T	I	O	C	H	A	R	D	I	N	E	S	S
U	N	D	E	R	S	T	A	N	D	I	N	G	I	T	L

CENTER
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HABIT
HARDINESS
JOURNAL
OPENNESS
PRACTICE
RELEASE
REORIENT
SAFETY
SELFCARE
SELFKNOWLEDGE
STABILIZE
TRAINING
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Puzzle-Solution 30



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