

# Fitness Word Search

## Puzzle 3

H	Y	P	J	F	W	F	K	L	Q	D	Q	T	Z	X	F
K	E	C	O	T	I	Y	X	P	Y	T	B	A	C	K	K
A	N	O	S	R	P	B	P	Y	S	Q	G	U	R	R	E
G	W	N	E	A	T	M	E	E	T	W	F	C	F	W	O
M	C	T	T	B	M	I	H	R	T	V	L	V	R	H	P
I	Y	R	P	N	F	C	O	G	N	F	E	E	A	Y	A
A	C	A	R	I	H	B	N	N	O	L	X	X	L	B	T
L	L	C	Q	A	T	A	Y	C	V	O	I	E	I	D	I
B	E	T	T	M	C	T	K	E	B	F	B	R	G	U	E
H	C	I	U	O	I	T	L	M	F	G	I	C	N	X	N
N	E	O	Y	L	H	K	I	C	R	D	L	I	M	Y	C
G	H	N	A	B	N	M	G	V	P	X	I	S	E	P	E
M	O	T	J	A	M	B	W	V	A	A	T	E	N	U	B
I	I	N	T	B	P	M	G	O	P	T	Y	E	T	S	A
V	Q	T	E	C	H	N	I	Q	U	E	E	D	Y	X	N
F	H	C	O	U	R	T	N	O	U	T	P	U	T	C	S

**ACTIVATE  
ANKLE  
CHEST  
COURT  
EXERCISE  
FLEXIBILITY  
PATIENCE  
TECHNIQUE**

**ALIGNMENT  
BACK  
CONTRACTION  
CYCLE  
FIBER  
OUTPUT  
PORTION  
VITALITY**

# Fitness Word Search

## Puzzle-Solution 3

H	Y	P	J	F	W	F	K	L	Q	D	Q	T	Z	X	F
K	E	C	O	T	I	Y	X	P	Y	T	B	A	C	K	K
A	N	O	S	R	P	B	P	Y	S	Q	G	U	R	R	E
G	W	N	E	A	T	M	E	E	T	W	F	C	F	W	O
M	C	T	T	B	M	I	H	R	T	V	L	V	R	H	P
I	Y	R	P	N	F	C	O	G	N	F	E	E	A	Y	A
A	C	A	R	I	H	B	N	N	O	L	X	X	L	B	T
L	L	C	Q	A	T	A	Y	C	V	O	I	E	I	D	I
B	E	T	T	M	C	T	K	E	B	F	B	R	G	U	E
H	C	I	U	O	I	T	L	M	F	G	I	C	N	X	N
N	E	O	Y	L	H	K	I	C	R	D	L	I	M	Y	C
G	H	N	A	B	N	M	G	V	P	X	I	S	E	P	E
M	O	T	J	A	M	B	W	V	A	A	T	E	N	U	B
I	I	N	T	B	P	M	G	O	P	T	Y	E	T	S	A
V	Q	T	E	C	H	N	I	Q	U	E	E	D	Y	X	N
F	H	C	O	U	R	T	N	O	U	T	P	U	T	C	S

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