

# Fitness Word Search

## Puzzle 45

O	W	V	K	U	Z	P	O	W	E	R	I	F	Y	V	A
M	V	C	O	O	R	D	I	N	A	T	I	O	N	N	E
C	W	L	K	H	L	T	I	Y	N	O	E	T	I	U	A
Q	O	N	F	F	E	T	I	I	L	L	U	M	O	L	B
R	C	M	N	W	U	A	A	D	I	N	A	Q	Z	N	D
E	Y	W	P	O	G	T	L	G	L	T	V	I	S	S	O
S	H	U	R	E	S	Z	A	T	S	W	V	N	J	T	M
P	O	D	X	U	T	F	R	J	H	K	L	T	Q	R	E
I	M	Y	S	V	S	I	I	C	L	L	Z	E	X	E	N
R	P	A	C	O	W	P	T	X	S	H	N	N	J	N	Y
A	L	H	I	K	E	M	R	I	G	R	G	S	Q	G	C
T	M	Z	U	Q	K	J	M	I	O	T	C	I	I	T	S
I	J	Z	E	S	F	F	I	C	N	N	U	T	N	H	L
O	B	Y	S	R	U	V	Q	M	Y	T	R	Y	E	Y	D
N	J	R	E	S	P	O	N	S	E	W	A	T	E	R	V
D	A	H	R	T	G	Q	V	O	U	P	H	O	N	Y	E

**ABDOMEN  
COMPETITION  
HEALTH  
INTENSITY  
RESPIRATION  
ROUTINE  
STAMINA  
SUSTAIN**

**AGILE  
COORDINATION  
HIKE  
POWER  
RESPONSE  
SPRINT  
STRENGTH  
WATER**

# Fitness Word Search

## Puzzle-Solution 45

O	W	V	K	U	Z	P	O	W	E	R	I	F	Y	V	A
M	V	C	O	O	R	D	I	N	A	T	I	O	N	N	E
C	W	L	K	H	L	T	I	Y	N	O	E	T	I	U	A
Q	O	N	F	F	E	T	I	I	L	L	U	M	O	L	B
R	C	M	N	W	U	A	A	D	I	N	A	Q	Z	N	D
E	Y	W	P	O	G	T	L	G	L	T	V	I	S	S	O
S	H	U	R	E	S	Z	A	T	S	W	V	N	J	T	M
P	O	D	X	U	T	F	R	J	H	K	L	T	Q	R	E
I	M	Y	S	V	S	I	I	C	L	L	Z	E	X	E	N
R	P	A	C	O	W	P	T	X	S	H	N	N	J	N	Y
A	L	H	I	K	E	M	R	I	G	R	G	S	Q	G	C
T	M	Z	U	Q	K	J	M	I	O	T	C	I	I	T	S
I	J	Z	E	S	F	F	I	C	N	N	U	T	N	H	L
O	B	Y	S	R	U	V	Q	M	Y	T	R	Y	E	Y	D
N	J	R	E	S	P	O	N	S	E	W	A	T	E	R	V
D	A	H	R	T	G	Q	V	O	U	P	H	O	N	Y	E

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