

Fitness Word Search

Puzzle 56

C	N	A	S	N	U	C	M	X	K	O	P	P	I	S	O
O	N	K	U	B	F	C	E	N	T	E	R	P	K	X	P
O	P	E	Q	M	A	N	A	E	R	O	B	I	C	E	A
R	A	S	K	S	I	S	O	M	E	T	R	I	C	I	J
D	R	T	M	S	R	E	G	I	M	E	N	N	H	G	J
I	M	R	A	Z	C	T	H	D	I	E	T	L	U	W	J
N	L	I	X	C	B	H	R	W	J	P	Y	Z	S	R	Y
A	J	G	I	O	O	L	E	A	V	T	E	Q	R	O	Z
T	Q	H	M	P	T	O	I	D	I	S	P	V	O	J	H
I	X	V	U	O	W	N	D	W	U	L	H	U	I	T	C
O	P	M	M	W	E	G	G	A	Z	L	Y	R	G	S	H
N	X	W	B	E	I	E	P	X	F	Y	E	N	H	V	D
I	U	U	T	R	G	V	Y	I	Q	A	E	N	Z	Q	X
M	I	L	F	J	H	I	N	S	T	R	U	C	T	O	R
A	C	R	J	A	T	T	T	Q	T	J	T	L	F	J	N
J	R	P	Z	K	Z	Y	V	S	R	A	C	Y	L	O	C

**ANAEROBIC
CENTER
DIET
ISOMETRIC
MAXIMUM
POWER
SCHEDULE
TRAIL**

**ARM
COORDINATION
INSTRUCTOR
LONGEVITY
PAUSE
REGIMEN
STRENGTH
WEIGHT**

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Puzzle-Solution 56

C	N	A	S	N	U	C	M	X	K	O	P	P	I	S	O
O	N	K	U	B	F	C	E	N	T	E	R	P	K	X	P
O	P	E	Q	M	A	N	A	E	R	O	B	I	C	E	A
R	A	S	K	S	I	S	O	M	E	T	R	I	C	I	J
D	R	T	M	S	R	E	G	I	M	E	N	N	H	G	J
I	M	R	A	Z	C	T	H	D	I	E	T	L	U	W	J
N	L	I	X	C	B	H	R	W	J	P	Y	Z	S	R	Y
A	J	G	I	O	O	L	E	A	V	T	E	Q	R	O	Z
T	Q	H	M	P	T	O	I	D	I	S	P	V	O	J	H
I	X	V	U	O	W	N	D	W	U	L	H	U	I	T	C
O	P	M	M	W	E	G	G	A	Z	L	Y	R	G	S	H
N	X	W	B	E	I	E	P	X	F	Y	E	N	H	V	D
I	U	U	T	R	G	V	Y	I	Q	A	E	N	Z	Q	X
M	I	L	F	J	H	I	N	S	T	R	U	C	T	O	R
A	C	R	J	A	T	T	T	Q	T	J	T	L	F	J	N
J	R	P	Z	K	Z	Y	V	S	R	A	C	Y	L	O	C

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