

Fitness Word Search

Puzzle 80

Y	L	I	E	D	C	O	M	P	O	S	I	T	I	O	N
M	I	C	R	O	N	U	T	R	I	E	N	T	L	U	B
U	P	T	G	W	V	G	P	L	A	N	R	G	D	U	G
P	Q	J	E	T	L	O	N	G	E	V	I	T	Y	B	H
V	Y	B	S	N	G	P	U	M	I	C	D	W	E	Z	S
Z	E	K	B	U	T	U	O	T	U	R	P	N	V	H	T
B	E	D	S	A	S	G	N	S	T	W	I	C	W	I	A
O	C	J	N	T	R	T	O	G	T	L	Q	O	Q	N	B
D	V	C	D	S	L	B	A	U	P	U	B	R	L	R	I
Y	O	X	Y	G	E	N	E	I	T	E	R	E	U	E	L
W	D	X	P	Y	N	M	C	L	N	D	U	E	L	G	I
E	W	P	C	W	Q	S	W	H	L	F	O	B	R	W	T
I	A	Y	H	G	I	O	V	B	Q	B	A	O	E	B	Y
G	I	O	R	D	U	D	L	K	G	R	J	M	R	E	V
H	W	Z	L	C	Y	C	L	E	U	Q	X	O	R	W	R
T	H	O	R	M	D	F	X	D	J	M	G	W	M	R	B

**BARBELL
COMPOSITION
CYCLE
DURABLE
LONGEVITY
OUTDOOR
PLAN
STABILITY**

**BODYWEIGHT
CORE
DISCIPLINE
FUEL
MICRONUTRIENT
OXYGEN
POSTURE
SUSTAIN**

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Puzzle-Solution 80

Y	L	I	E	D	C	O	M	P	O	S	I	T	I	O	N
M	I	C	R	O	N	U	T	R	I	E	N	T	L	U	B
U	P	T	G	W	V	G	P	L	A	N	R	G	D	U	G
P	Q	J	E	T	L	O	N	G	E	V	I	T	Y	B	H
V	Y	B	S	N	G	P	U	M	I	C	D	W	E	Z	S
Z	E	K	B	U	T	U	O	T	U	R	P	N	V	H	T
B	E	D	S	A	S	G	N	S	T	W	I	C	W	I	A
O	C	J	N	T	R	T	O	G	T	L	Q	O	Q	N	B
D	V	C	D	S	L	B	A	U	P	U	B	R	L	R	I
Y	O	X	Y	G	E	N	E	I	T	E	R	E	U	E	L
W	D	X	P	Y	N	M	C	L	N	D	U	E	L	G	I
E	W	P	C	W	Q	S	W	H	L	F	O	B	R	W	T
I	A	Y	H	G	I	O	V	B	Q	B	A	O	E	B	Y
G	I	O	R	D	U	D	L	K	G	R	J	M	R	E	V
H	W	Z	L	C	Y	C	L	E	U	Q	X	O	R	W	R
T	H	O	R	M	D	F	X	D	J	M	G	W	M	R	B

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