

Fitness Word Search

Puzzle 102

S	B	C	O	M	P	R	E	S	S	I	O	N	Q	C	N
F	F	D	N	Y	X	L	O	V	P	S	T	E	R	Q	X
R	E	S	P	I	R	A	T	I	O	N	D	L	E	O	C
B	P	X	I	M	P	R	O	V	E	H	U	A	S	T	X
M	O	B	I	L	I	T	Y	M	T	E	M	S	T	S	E
N	M	G	A	T	X	W	N	L	N	S	B	T	U	O	U
F	F	A	U	T	B	G	A	I	G	E	B	I	D	F	T
U	S	C	Z	H	I	E	T	M	L	C	E	C	I	U	Y
P	A	E	V	L	H	U	G	Q	O	R	L	I	O	E	F
S	M	N	A	U	O	F	R	C	M	B	L	T	H	H	H
S	E	S	D	R	D	C	E	A	E	H	I	Y	V	R	K
S	R	S	H	U	V	G	R	I	X	A	E	L	S	E	O
O	D	O	S	U	Z	G	F	M	N	B	E	K	I	Q	I
I	C	H	A	I	O	U	O	B	L	I	Q	U	E	Z	T
A	V	W	Y	R	O	P	Y	J	E	T	K	Y	Y	V	E
V	R	V	P	W	B	N	H	P	R	O	T	E	I	N	Y

**ALIGNMENT
DUMBBELL
HABIT
IMPROVE
MOBILIZE
PROGRAM
RESPIRATION
SESSION**

**COMPRESSION
ELASTICITY
HEALTH
MOBILITY
OBLIQUE
PROTEIN
ROUTINE
STUDIO**

Fitness Word Search

Puzzle-Solution 102

S	B	C	O	M	P	R	E	S	S	I	O	N	Q	C	N
F	F	D	N	Y	X	L	O	V	P	S	T	E	R	Q	X
R	E	S	P	I	R	A	T	I	O	N	D	L	E	O	C
B	P	X	I	M	P	R	O	V	E	H	U	A	S	T	X
M	O	B	I	L	I	T	Y	M	T	E	M	S	T	S	E
N	M	G	A	T	X	W	N	L	N	S	B	T	U	O	U
F	F	A	U	T	B	G	A	I	G	E	B	I	D	F	T
U	S	C	Z	H	I	E	T	M	L	C	E	C	I	U	Y
P	A	E	V	L	H	U	G	Q	O	R	L	I	O	E	F
S	M	N	A	U	O	F	R	C	M	B	L	T	H	H	H
S	E	S	D	R	D	C	E	A	E	H	I	Y	V	R	K
S	R	S	H	U	V	G	R	I	X	A	E	L	S	E	O
O	D	O	S	U	Z	G	F	M	N	B	E	K	I	Q	I
I	C	H	A	I	O	U	O	B	L	I	Q	U	E	Z	T
A	V	W	Y	R	O	P	Y	J	E	T	K	Y	Y	V	E
V	R	V	P	W	B	N	H	P	R	O	T	E	I	N	Y

**ALIGNMENT
DUMBBELL
HABIT
IMPROVE
MOBILIZE
PROGRAM
RESPIRATION
SESSION**

**COMPRESSION
ELASTICITY
HEALTH
MOBILITY
OBLIQUE
PROTEIN
ROUTINE
STUDIO**