

Fitness Word Search

Puzzle 109

W	T	M	K	L	I	F	E	S	T	Y	L	E	F	S	C
C	O	A	E	G	X	S	N	E	I	M	P	R	O	V	E
O	D	X	C	M	O	M	A	P	E	R	Y	Q	T	V	B
M	N	I	A	S	J	Y	D	F	X	T	K	N	I	T	S
M	R	M	Q	L	R	X	E	D	E	F	E	T	F	Z	Q
I	H	U	W	U	C	Q	T	G	A	T	C	Z	V	W	H
T	Z	M	J	O	S	F	E	W	N	A	Y	M	X	S	Z
M	D	N	Z	A	M	T	R	I	K	D	U	G	Q	M	D
E	I	V	S	A	R	E	M	T	L	X	R	S	F	N	L
N	Y	E	U	P	T	C	I	S	E	Q	P	O	W	E	R
T	M	F	Q	J	O	H	N	P	U	U	B	V	O	G	M
G	G	P	C	W	E	N	A	K	Y	S	M	X	E	E	U
C	O	M	P	E	T	I	T	I	O	N	T	C	N	Y	S
Q	G	T	L	F	C	Q	I	B	C	P	Y	A	M	B	C
C	E	Y	A	U	W	U	O	H	U	C	O	L	I	I	L
U	D	N	M	I	J	E	N	M	D	Y	L	W	S	N	E

**ACTIVE
COMMITMENT
DETERMINATION
IMPROVE
INTENT
MAXIMUM
POWER
SUSTAIN**

**ANKLE
COMPETITION
GYM
INJURY
LIFESTYLE
MUSCLE
SAFETY
TECHNIQUE**

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Puzzle-Solution 109

W	T	M	K	L	I	F	E	S	T	Y	L	E	F	S	C
C	O	A	E	G	X	S	N	E	I	M	P	R	O	V	E
O	D	X	C	M	O	M	A	P	E	R	Y	Q	T	V	B
M	N	I	A	S	J	Y	D	F	X	T	K	N	I	T	S
M	R	M	Q	L	R	X	E	D	E	F	E	T	F	Z	Q
I	H	U	W	U	C	Q	T	G	A	T	C	Z	V	W	H
T	Z	M	J	O	S	F	E	W	N	A	Y	M	X	S	Z
M	D	N	Z	A	M	T	R	I	K	D	U	G	Q	M	D
E	I	V	S	A	R	E	M	T	L	X	R	S	F	N	L
N	Y	E	U	P	T	C	I	S	E	Q	P	O	W	E	R
T	M	F	Q	J	O	H	N	P	U	U	B	V	O	G	M
G	G	P	C	W	E	N	A	K	Y	S	M	X	E	E	U
C	O	M	P	E	T	I	T	I	O	N	T	C	N	Y	S
Q	G	T	L	F	C	Q	I	B	C	P	Y	A	M	B	C
C	E	Y	A	U	W	U	O	H	U	C	O	L	I	I	L
U	D	N	M	I	J	E	N	M	D	Y	L	W	S	N	E

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