

Fitness Word Search

Puzzle 164

H	O	X	N	C	I	Q	W	F	U	J	O	I	K	E	P
M	A	A	Y	G	O	Q	K	R	M	U	C	O	B	D	R
A	M	C	G	S	G	M	H	E	I	P	D	B	J	V	E
C	J	G	A	J	S	E	M	Y	H	S	H	V	F	H	V
R	J	O	G	L	O	G	H	I	A	D	T	B	Z	V	E
O	W	R	S	M	F	S	I	D	T	W	E	R	A	C	N
N	N	B	U	C	X	F	P	F	P	M	A	U	I	S	T
U	V	F	U	N	O	P	K	Y	R	K	E	N	W	Q	I
T	E	V	O	L	V	E	G	M	C	N	E	N	E	T	O
R	L	I	N	T	E	N	T	B	X	H	R	T	T	B	N
I	G	A	H	E	A	L	T	H	T	O	A	N	I	V	J
E	D	X	Q	S	B	J	Y	S	T	V	I	Q	N	O	V
N	R	C	V	E	T	A	I	A	I	M	H	F	V	C	U
T	M	K	H	Z	R	L	T	T	U	T	N	I	O	O	G
T	K	D	Y	I	A	O	C	F	B	C	O	Q	S	R	R
M	K	C	B	C	R	A	T	Z	I	V	D	H	B	E	M

**ACTIVATE
CALISTHENIC
CORE
FORM
HIP
JOG
PREVENTION
RUN**

**CALF
COMMITMENT
EVOLVE
HEALTH
INTENT
MACRONUTRIENT
ROTATOR
WRIST**

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Puzzle-Solution 164

H	O	X	N	C	I	Q	W	F	U	J	O	I	K	E	P
M	A	A	Y	G	O	Q	K	R	M	U	C	O	B	D	R
A	M	C	G	S	G	M	H	E	I	P	D	B	J	V	E
C	J	G	A	J	S	E	M	Y	H	S	H	V	F	H	V
R	J	O	G	L	O	G	H	I	A	D	T	B	Z	V	E
O	W	R	S	M	F	S	I	D	T	W	E	R	A	C	N
N	N	B	U	C	X	F	P	F	P	M	A	U	I	S	T
U	V	F	U	N	O	P	K	Y	R	K	E	N	W	Q	I
T	E	V	O	L	V	E	G	M	C	N	E	N	E	T	O
R	L	I	N	T	E	N	T	B	X	H	R	T	T	B	N
I	G	A	H	E	A	L	T	H	T	O	A	N	I	V	J
E	D	X	Q	S	B	J	Y	S	T	V	I	Q	N	O	V
N	R	C	V	E	T	A	I	A	I	M	H	F	V	C	U
T	M	K	H	Z	R	L	T	T	U	T	N	I	O	O	G
T	K	D	Y	I	A	O	C	F	B	C	O	Q	S	R	R
M	K	C	B	C	R	A	T	Z	I	V	D	H	B	E	M

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