

# Fitness Word Search

## Puzzle 186

L	E	Y	P	A	T	I	E	N	C	E	A	H	L	V	D
I	Z	O	M	R	K	Z	J	N	Z	M	N	N	W	J	N
S	V	Q	P	Z	E	K	T	N	A	R	O	M	K	N	R
T	I	E	S	F	P	S	X	W	L	R	P	P	U	L	F
E	H	C	S	A	C	J	P	X	E	O	T	A	Z	D	E
N	B	O	A	F	G	O	P	O	S	T	U	R	E	E	F
H	D	N	M	R	R	B	M	D	N	Z	D	F	U	V	L
J	I	T	O	F	O	C	R	F	Q	S	O	Y	U	E	E
Y	E	R	T	F	G	M	K	B	O	F	E	N	D	L	X
R	T	O	I	S	N	E	A	K	E	R	I	N	T	O	I
J	U	L	V	I	U	F	O	R	M	A	T	U	D	P	B
O	N	I	A	L	C	P	P	Z	T	L	P	Q	R	J	I
K	R	H	T	N	Y	L	P	S	R	T	A	F	U	X	L
I	V	P	I	G	K	Q	U	R	U	X	H	V	W	H	I
W	M	V	O	J	W	S	V	O	T	C	S	B	K	D	T
H	Q	I	N	S	U	P	P	L	E	N	E	S	S	C	Y

**ANKLE  
CONTROL  
DIET  
FORM  
MOTIVATION  
PATIENCE  
RESPONSE  
SUPPLENESS**

**COMFORT  
DEVELOP  
FLEXIBILITY  
LISTEN  
OUTPUT  
POSTURE  
SNEAKER  
SUSTAIN**

# Fitness Word Search

## Puzzle-Solution 186

L	E	Y	P	A	T	I	E	N	C	E	A	H	L	V	D
I	Z	O	M	R	K	Z	J	N	Z	M	N	N	W	J	N
S	V	Q	P	Z	E	K	T	N	A	R	O	M	K	N	R
T	I	E	S	F	P	S	X	W	L	R	P	P	U	L	F
E	H	C	S	A	C	J	P	X	E	O	T	A	Z	D	E
N	B	O	A	F	G	O	P	O	S	T	U	R	E	E	F
H	D	N	M	R	R	B	M	D	N	Z	D	F	U	V	L
J	I	T	O	F	O	C	R	F	Q	S	O	Y	U	E	E
Y	E	R	T	F	G	M	K	B	O	F	E	N	D	L	X
R	T	O	I	S	N	E	A	K	E	R	I	N	T	O	I
J	U	L	V	I	U	F	O	R	M	A	T	U	D	P	B
O	N	I	A	L	C	P	P	Z	T	L	P	Q	R	J	I
K	R	H	T	N	Y	L	P	S	R	T	A	F	U	X	L
I	V	P	I	G	K	Q	U	R	U	X	H	V	W	H	I
W	M	V	O	J	W	S	V	O	T	C	S	B	K	D	T
H	Q	I	N	S	U	P	P	L	E	N	E	S	S	C	Y

**ANKLE**  
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