

# Fitness Word Search

## Puzzle 193

Q	A	U	L	J	B	K	R	F	E	E	S	K	I	L	L
L	N	Z	R	P	A	Q	Y	E	X	S	P	O	Y	T	C
S	L	L	V	A	P	P	F	H	S	N	X	T	N	X	A
A	V	F	E	T	M	Q	F	S	O	I	I	T	O	N	E
F	T	S	W	I	M	I	T	L	G	S	L	Y	K	E	A
E	N	H	E	E	G	E	M	L	N	V	B	I	L	Y	G
T	Q	W	I	N	T	A	K	E	K	O	F	B	E	M	V
Y	A	J	F	C	O	R	T	Q	R	I	A	A	A	N	U
G	B	L	X	E	R	N	B	E	T	P	N	N	R	P	T
H	X	K	I	N	I	H	Z	R	A	F	K	A	D	G	N
A	R	C	X	G	K	F	U	C	A	R	L	E	U	W	P
N	L	M	G	X	N	O	R	P	H	S	E	R	O	P	K
D	S	Y	D	C	C	M	F	E	N	O	E	O	F	Q	R
R	E	G	I	M	E	N	E	N	Y	A	T	B	A	S	T
L	I	M	P	R	O	V	E	N	W	L	W	I	K	G	J
W	N	J	T	N	P	J	J	K	T	X	V	C	V	X	D

**ALIGNMENT**  
**ANKLE**  
**COURT**  
**IMPROVE**  
**INTENSITY**  
**REGIMEN**  
**SAFETY**  
**SWIM**

**ANAEROBIC**  
**CAPABLE**  
**HAND**  
**INTAKE**  
**PATIENCE**  
**RESILIENT**  
**SKILL**  
**TONE**

# Fitness Word Search

## Puzzle-Solution 193

Q	A	U	L	J	B	K	R	F	E	E	S	K	I	L	L
L	N	Z	R	P	A	Q	Y	E	X	S	P	O	Y	T	C
S	L	L	V	A	P	P	F	H	S	N	X	T	N	X	A
A	V	F	E	T	M	Q	F	S	O	I	I	T	O	N	E
F	T	S	W	I	M	I	T	L	G	S	L	Y	K	E	A
E	N	H	E	E	G	E	M	L	N	V	B	I	L	Y	G
T	Q	W	I	N	T	A	K	E	K	O	F	B	E	M	V
Y	A	J	F	C	O	R	T	Q	R	I	A	A	A	N	U
G	B	L	X	E	R	N	B	E	T	P	N	N	R	P	T
H	X	K	I	N	I	H	Z	R	A	F	K	A	D	G	N
A	R	C	X	G	K	F	U	C	A	R	L	E	U	W	P
N	L	M	G	X	N	O	R	P	H	S	E	R	O	P	K
D	S	Y	D	C	C	M	F	E	N	O	E	O	F	Q	R
R	E	G	I	M	E	N	E	N	Y	A	T	B	A	S	T
L	I	M	P	R	O	V	E	N	W	L	W	I	K	G	J
W	N	J	T	N	P	J	J	K	T	X	V	C	V	X	D

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