

Fitness Word Search

Puzzle 198

U	R	Q	P	Q	S	Y	K	G	J	F	A	S	Q	P	I
C	D	O	O	I	E	T	A	F	C	L	X	J	S	T	S
O	T	G	S	S	N	F	R	X	U	L	E	S	R	Y	E
N	Q	M	T	T	I	T	Q	O	Y	K	E	F	Z	C	A
S	M	T	U	R	R	R	A	Y	N	N	V	X	N	H	T
I	M	K	R	E	F	V	W	K	L	G	W	E	A	B	H
S	F	W	E	N	R	R	Y	L	E	K	I	W	S	D	I
T	P	A	H	G	F	C	E	X	D	T	X	A	Q	S	N
E	Z	L	C	T	B	W	F	S	A	G	R	O	V	S	T
N	R	K	I	H	U	Q	A	P	P	E	C	Z	L	E	E
C	A	B	D	O	M	E	N	U	O	O	U	N	I	J	N
Y	Q	F	C	S	R	A	V	M	P	F	N	T	S	O	S
A	A	I	H	S	P	R	I	N	T	K	R	S	T	S	I
E	T	K	I	N	S	T	R	U	C	T	O	R	E	E	T
K	K	M	G	M	O	T	I	V	A	T	I	O	N	P	Y
W	Z	G	W	P	R	O	G	R	E	S	S	X	U	P	B

**ABDOMEN
INSTRUCTOR
INTENSITY
MOTIVATION
POSTURE
RESPONSE
STRENGTH
WALK**

**CONSISTENCY
INTAKE
LISTEN
PATIENCE
PROGRESS
SPRINT
STRONG
WELLNESS**

Fitness Word Search

Puzzle-Solution 198

U	R	Q	P	Q	S	Y	K	G	J	F	A	S	Q	P	I
C	D	O	O	I	E	T	A	F	C	L	X	J	S	T	S
O	T	G	S	S	N	F	R	X	U	L	E	S	R	Y	E
N	Q	M	T	T	I	T	Q	O	Y	K	E	F	Z	C	A
S	M	T	U	R	R	R	A	Y	N	N	V	X	N	H	T
I	M	K	R	E	F	V	W	K	L	G	W	E	A	B	H
S	F	W	E	N	R	R	Y	L	E	K	I	W	S	D	I
T	P	A	H	G	F	C	E	X	D	T	X	A	Q	S	N
E	Z	L	C	T	B	W	F	S	A	G	R	O	V	S	T
N	R	K	I	H	U	Q	A	P	P	E	C	Z	L	E	E
C	A	B	D	O	M	E	N	U	O	O	U	N	I	J	N
Y	Q	F	C	S	R	A	V	M	P	F	N	T	S	O	S
A	A	I	H	S	P	R	I	N	T	K	R	S	T	S	I
E	T	K	I	N	S	T	R	U	C	T	O	R	E	E	T
K	K	M	G	M	O	T	I	V	A	T	I	O	N	P	Y
W	Z	G	W	P	R	O	G	R	E	S	S	X	U	P	B

ABDOMEN
INSTRUCTOR
INTENSITY
MOTIVATION
POSTURE
RESPONSE
STRENGTH
WALK

CONSISTENCY
INTAKE
LISTEN
PATIENCE
PROGRESS
SPRINT
STRONG
WELLNESS