

Fitness Word Search

Puzzle 216

R	O	U	T	I	N	E	W	B	I	U	Q	B	O	C	J
E	J	C	D	M	O	E	Q	S	E	S	S	I	O	N	X
P	O	O	C	C	N	J	S	L	F	I	Q	R	R	B	A
J	E	M	I	E	U	F	L	I	T	U	C	X	D	L	L
F	L	P	R	B	R	B	V	U	J	U	X	I	T	E	V
W	A	R	M	U	P	L	E	X	E	R	C	I	S	E	Y
X	S	E	U	P	J	A	N	F	X	P	K	Z	F	A	R
W	T	S	S	A	N	S	P	R	I	N	T	W	U	J	E
W	I	S	K	L	T	F	U	A	S	Z	S	N	E	O	S
E	C	I	L	N	E	H	W	R	T	N	W	E	W	X	I
V	I	O	A	Z	J	E	L	O	V	V	L	C	P	Y	S
O	T	N	N	N	K	L	P	E	R	V	I	Y	E	G	T
L	Y	D	R	A	N	D	X	G	T	K	K	C	F	E	A
V	G	F	T	O	R	S	O	L	J	I	O	T	Q	N	N
E	J	N	J	G	P	R	U	D	V	C	C	U	D	Q	C
N	I	N	W	Y	T	Y	W	R	Z	L	B	E	T	M	E

**ATHLETIC
ELASTICITY
EXERCISE
OXYGEN
RESISTANCE
SESSION
SPRINT
WARMUP**

**COMPRESSION
EVOLVE
INTAKE
RENEW
ROUTINE
SLEEP
TORSO
WORKOUT**

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Puzzle-Solution 216

R	O	U	T	I	N	E	W	B	I	U	Q	B	O	C	J
E	J	C	D	M	O	E	Q	S	E	S	S	I	O	N	X
P	O	O	C	C	N	J	S	L	F	I	Q	R	R	B	A
J	E	M	I	E	U	F	L	I	T	U	C	X	D	L	L
F	L	P	R	B	R	B	V	U	J	U	X	I	T	E	V
W	A	R	M	U	P	L	E	X	E	R	C	I	S	E	Y
X	S	E	U	P	J	A	N	F	X	P	K	Z	F	A	R
W	T	S	S	A	N	S	P	R	I	N	T	W	U	J	E
W	I	S	K	L	T	F	U	A	S	Z	S	N	E	O	S
E	C	I	L	N	E	H	W	R	T	N	W	E	W	X	I
V	I	O	A	Z	J	E	L	O	V	V	L	C	P	Y	S
O	T	N	N	N	K	L	P	E	R	V	I	Y	E	G	T
L	Y	D	R	A	N	D	X	G	T	K	K	C	F	E	A
V	G	F	T	O	R	S	O	L	J	I	O	T	Q	N	N
E	J	N	J	G	P	R	U	D	V	C	C	U	D	Q	C
N	I	N	W	Y	T	Y	W	R	Z	L	B	E	T	M	E

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