

Fitness Word Search

Puzzle 229

A	R	I	N	T	E	N	S	I	T	Y	Y	K	B	A	V
A	E	U	X	P	C	Z	J	A	U	G	R	H	T	B	S
S	L	K	V	U	O	T	E	C	H	N	I	Q	U	E	R
V	A	M	N	F	M	W	T	N	L	R	T	H	S	X	O
I	X	I	D	E	P	P	D	I	L	T	O	N	E	C	W
F	L	C	F	C	O	H	C	E	F	R	Y	A	E	O	L
W	K	R	O	E	S	F	Q	H	V	P	E	N	T	E	U
O	L	O	H	F	I	U	X	P	E	E	F	F	K	V	Y
I	W	N	P	F	T	V	J	A	U	S	L	A	L	T	D
F	Q	U	Z	O	I	E	F	V	L	V	T	O	I	E	N
O	O	T	D	R	O	I	V	C	M	N	Q	C	P	K	X
F	H	R	M	T	N	Y	J	O	I	R	A	Z	B	B	J
J	P	I	B	I	C	E	P	R	L	P	E	R	V	V	A
N	B	E	T	K	E	S	V	V	A	V	Y	V	G	Y	S
Z	Y	N	R	G	A	R	V	C	C	B	E	X	Z	R	B
M	C	T	A	C	O	N	S	I	S	T	E	N	C	Y	Y

**BICEP
CHEST
CONSISTENCY
EFFORT
INTAKE
MICRONUTRIENT
RELAX
TECHNIQUE**

**CAPACITY
COMPOSITION
DEVELOP
EVOLVE
INTENSITY
REFLEX
ROW
TONE**

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Puzzle-Solution 229

A	R	I	N	T	E	N	S	I	T	Y	Y	K	B	A	V
A	E	U	X	P	C	Z	J	A	U	G	R	H	T	B	S
S	L	K	V	U	O	T	E	C	H	N	I	Q	U	E	R
V	A	M	N	F	M	W	T	N	L	R	T	H	S	X	O
I	X	I	D	E	P	P	D	I	L	T	O	N	E	C	W
F	L	C	F	C	O	H	C	E	F	R	Y	A	E	O	L
W	K	R	O	E	S	F	Q	H	V	P	E	N	T	E	U
O	L	O	H	F	I	U	X	P	E	E	F	F	K	V	Y
I	W	N	P	F	T	V	J	A	U	S	L	A	L	T	D
F	Q	U	Z	O	I	E	F	V	L	V	T	O	I	E	N
O	O	T	D	R	O	I	V	C	M	N	Q	C	P	K	X
F	H	R	M	T	N	Y	J	O	I	R	A	Z	B	B	J
J	P	I	B	I	C	E	P	R	L	P	E	R	V	V	A
N	B	E	T	K	E	S	V	V	A	V	Y	V	G	Y	S
Z	Y	N	R	G	A	R	V	C	C	B	E	X	Z	R	B
M	C	T	A	C	O	N	S	I	S	T	E	N	C	Y	Y

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