

Health Word Search

Puzzle 5

R	L	P	M	T	G	L	Q	F	E	R	M	E	N	T	X
R	E	D	I	S	C	I	P	L	I	N	E	W	Z	Z	C
F	C	N	G	K	Y	B	U	R	N	O	U	T	K	C	K
D	W	K	E	F	Z	S	L	U	M	B	E	R	B	A	Q
R	O	S	E	R	Z	B	L	D	J	W	C	T	I	E	D
R	R	Y	N	O	G	Q	J	Q	K	H	E	T	V	R	K
L	R	S	U	K	Q	Y	V	L	V	I	H	I	C	J	A
I	Y	T	T	B	U	U	H	Z	W	G	T	L	G	U	L
S	W	E	R	K	L	O	P	V	I	N	E	D	C	H	A
E	O	M	I	D	H	T	K	S	E	J	V	C	G	Z	T
C	Q	I	T	N	U	W	N	V	L	V	T	L	G	J	L
U	F	C	I	G	A	I	E	O	B	E	Q	P	F	T	B
R	A	U	O	Z	M	R	M	V	Q	A	E	F	L	L	Q
I	S	O	N	X	P	V	V	W	F	V	G	P	F	T	U
T	S	M	E	L	I	M	I	N	A	T	I	O	N	F	R
Y	R	J	A	Q	R	E	S	I	L	I	E	N	C	E	M

**BURNOUT
ELIMINATION
FERMENT
INSIGHT
PREVENTIVE
SECURITY
SLUMBER
WEIGHT**

**DISCIPLINE
ENERGY
GUT
NUTRITION
RESILIENCE
SLEEP
SYSTEMIC
WORRY**

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Puzzle-Solution 5

R	L	P	M	T	G	L	Q	F	E	R	M	E	N	T	X
R	E	D	I	S	C	I	P	L	I	N	E	W	Z	Z	C
F	C	N	G	K	Y	B	U	R	N	O	U	T	K	C	K
D	W	K	E	F	Z	S	L	U	M	B	E	R	B	A	Q
R	O	S	E	R	Z	B	L	D	J	W	C	T	I	E	D
R	R	Y	N	O	G	Q	J	Q	K	H	E	T	V	R	K
L	R	S	U	K	Q	Y	V	L	V	I	H	I	C	J	A
I	Y	T	T	B	U	U	H	Z	W	G	T	L	G	U	L
S	W	E	R	K	L	O	P	V	I	N	E	D	C	H	A
E	O	M	I	D	H	T	K	S	E	J	V	C	G	Z	T
C	Q	I	T	N	U	W	N	V	L	V	T	L	G	J	L
U	F	C	I	G	A	I	E	O	B	E	Q	P	F	T	B
R	A	U	O	Z	M	R	M	V	Q	A	E	F	L	L	Q
I	S	O	N	X	P	V	V	W	F	V	G	P	F	T	U
T	S	M	E	L	I	M	I	N	A	T	I	O	N	F	R
Y	R	J	A	Q	R	E	S	I	L	I	E	N	C	E	M

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