

Health Word Search

Puzzle 133

G	M	I	N	D	F	U	L	N	E	S	S	V	L	Q	P
R	B	V	B	I	H	H	L	S	E	E	T	M	R	M	Y
T	A	J	W	F	C	G	A	D	J	A	U	Z	T	I	R
G	J	M	M	T	P	R	E	P	A	R	E	S	R	C	B
X	X	K	E	N	X	R	Z	N	E	N	R	J	A	R	B
V	A	R	C	A	O	G	L	M	E	E	T	P	N	O	B
J	T	Q	O	T	E	P	O	I	S	C	O	P	Q	N	W
S	Y	W	N	U	D	E	G	N	N	M	P	K	U	U	N
I	T	E	F	R	C	Y	E	B	Z	P	P	B	I	T	U
W	U	L	I	E	H	F	W	X	E	V	G	E	L	R	T
R	I	L	D	F	E	D	A	E	J	D	O	K	I	I	R
O	I	N	E	D	A	T	S	Z	I	I	T	Q	T	E	I
M	Y	E	N	V	H	G	E	Z	Y	G	R	I	Y	N	T
O	X	S	C	Z	H	Z	U	W	F	M	H	R	M	T	I
R	J	S	E	N	Z	Z	P	T	W	C	M	T	I	E	O
E	M	O	T	I	O	N	A	L	B	E	L	O	N	G	N

**BEDTIME
CONFIDENCE
EMOTIONAL
HYGIENE
MINDFULNESS
NUTRITION
STRETCH
WEIGHT**

**BELONG
DEFENSE
GUT
MICRONUTRIENT
NATURE
PREPARE
TRANQUILITY
WELLNESS**

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Puzzle-Solution 133

G	M	I	N	D	F	U	L	N	E	S	S	V	L	Q	P
R	B	V	B	I	H	H	L	S	E	E	T	M	R	M	Y
T	A	J	W	F	C	G	A	D	J	A	U	Z	T	I	R
G	J	M	M	T	P	R	E	P	A	R	E	S	R	C	B
X	X	K	E	N	X	R	Z	N	E	N	R	J	A	R	B
V	A	R	C	A	O	G	L	M	E	E	T	P	N	O	B
J	T	Q	O	T	E	P	O	I	S	C	O	P	Q	N	W
S	Y	W	N	U	D	E	G	N	N	M	P	K	U	U	N
I	T	E	F	R	C	Y	E	B	Z	P	P	B	I	T	U
W	U	L	I	E	H	F	W	X	E	V	G	E	L	R	T
R	I	L	D	F	E	D	A	E	J	D	O	K	I	I	R
O	I	N	E	D	A	T	S	Z	I	I	T	Q	T	E	I
M	Y	E	N	V	H	G	E	Z	Y	G	R	I	Y	N	T
O	X	S	C	Z	H	Z	U	W	F	M	H	R	M	T	I
R	J	S	E	N	Z	Z	P	T	W	C	M	T	I	E	O
E	M	O	T	I	O	N	A	L	B	E	L	O	N	G	N

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