

Health Word Search

Puzzle 193

V	U	N	U	T	R	I	E	N	T	H	U	P	W	H	T
R	E	L	I	E	F	R	E	S	I	S	T	A	N	C	E
S	D	N	A	T	U	R	E	F	V	C	Q	W	J	Z	Q
E	R	I	U	K	M	Q	Y	A	I	I	O	O	M	A	Y
V	H	A	G	Q	D	Q	S	T	P	L	F	E	T	H	L
O	Y	P	E	E	A	F	D	M	F	O	A	I	I	B	H
Y	T	D	P	R	S	T	A	M	I	N	A	F	S	W	A
B	H	J	M	R	O	T	A	T	D	Z	X	I	S	S	D
U	M	R	I	D	E	B	I	C	H	E	C	K	U	P	I
A	Y	C	N	Z	T	C	I	V	L	I	E	D	E	B	P
D	G	A	E	M	V	I	A	C	E	C	M	Q	S	P	Z
E	K	D	R	W	A	H	J	U	N	W	I	M	P	O	N
L	I	G	A	L	W	I	T	A	T	V	A	J	Y	L	W
D	A	A	L	H	J	B	L	N	L	I	L	T	H	P	O
J	O	N	H	G	O	A	H	M	U	G	O	I	E	X	B
A	J	U	L	D	B	Q	F	R	I	Y	V	N	H	R	B

**AEROBIC
CHECKUP
FAT
MINERAL
NUTRIENT
RELIEF
RHYTHM
TISSUE**

**BALANCE
DIGESTIVE
FLOW
NATURE
PRECAUTION
RESISTANCE
STAMINA
WATER**

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Puzzle-Solution 193

V	U	N	U	T	R	I	E	N	T	H	U	P	W	H	T
R	E	L	I	E	F	R	E	S	I	S	T	A	N	C	E
S	D	N	A	T	U	R	E	F	V	C	Q	W	J	Z	Q
E	R	I	U	K	M	Q	Y	A	I	I	O	O	M	A	Y
V	H	A	G	Q	D	Q	S	T	P	L	F	E	T	H	L
O	Y	P	E	E	A	F	D	M	F	O	A	I	I	B	H
Y	T	D	P	R	S	T	A	M	I	N	A	F	S	W	A
B	H	J	M	R	O	T	A	T	D	Z	X	I	S	S	D
U	M	R	I	D	E	B	I	C	H	E	C	K	U	P	I
A	Y	C	N	Z	T	C	I	V	L	I	E	D	E	B	P
D	G	A	E	M	V	I	A	C	E	C	M	Q	S	P	Z
E	K	D	R	W	A	H	J	U	N	W	I	M	P	O	N
L	I	G	A	L	W	I	T	A	T	V	A	J	Y	L	W
D	A	A	L	H	J	B	L	N	L	I	L	T	H	P	O
J	O	N	H	G	O	A	H	M	U	G	O	I	E	X	B
A	J	U	L	D	B	Q	F	R	I	Y	V	N	H	R	B

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