

Healthy Choices Word Search

Puzzle 53

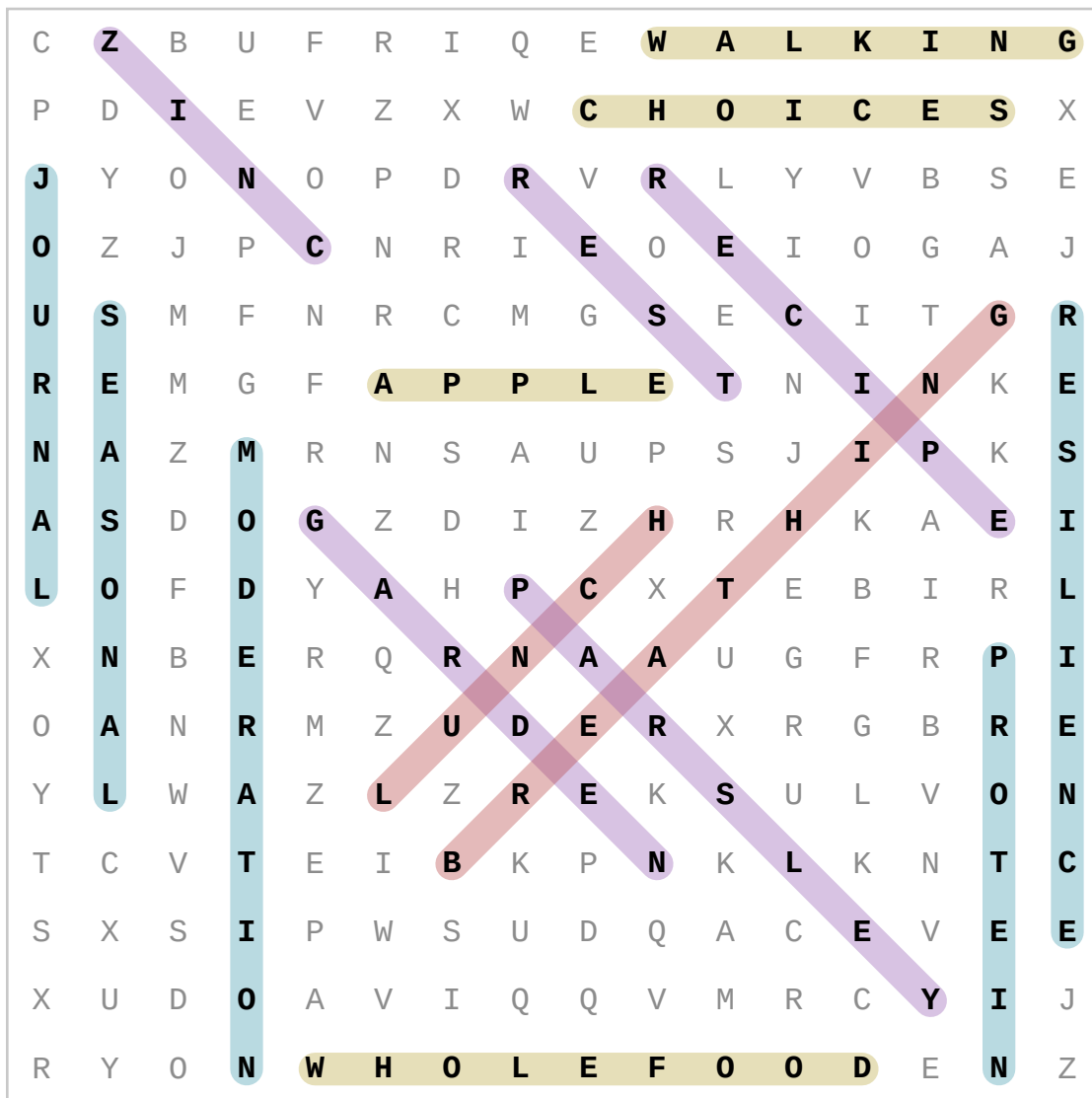
C	Z	B	U	F	R	I	Q	E	W	A	L	K	I	N	G
P	D	I	E	V	Z	X	W	C	H	O	I	C	E	S	X
J	Y	O	N	O	P	D	R	V	R	L	Y	V	B	S	E
O	Z	J	P	C	N	R	I	E	O	E	I	O	G	A	J
U	S	M	F	N	R	C	M	G	S	E	C	I	T	G	R
R	E	M	G	F	A	P	P	L	E	T	N	I	N	K	E
N	A	Z	M	R	N	S	A	U	P	S	J	I	P	K	S
A	S	D	O	G	Z	D	I	Z	H	R	H	K	A	E	I
L	O	F	D	Y	A	H	P	C	X	T	E	B	I	R	L
X	N	B	E	R	Q	R	N	A	A	U	G	F	R	P	I
O	A	N	R	M	Z	U	D	E	R	X	R	G	B	R	E
Y	L	W	A	Z	L	Z	R	E	K	S	U	L	V	O	N
T	C	V	T	E	I	B	K	P	N	K	L	K	N	T	C
S	X	S	I	P	W	S	U	D	Q	A	C	E	V	E	E
X	U	D	O	A	V	I	Q	Q	V	M	R	C	Y	I	J
R	Y	O	N	W	H	O	L	E	F	O	O	D	E	N	Z

APPLE
CHOICES
JOURNAL
MODERATION
PROTEIN
RESILIENCE
SEASONAL
WHOLEFOOD

BREATHING
GARDEN
LUNCH
PARSLEY
RECIPE
REST
WALKING
ZINC

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Puzzle-Solution 53



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