

# Healthy\_habits Word Search

## Puzzle 11

B	M	I	N	E	R	A	L	M	C	I	S	G	G	Z	J
A	I	I	N	T	R	O	S	P	E	C	T	J	W	U	Y
L	R	R	D	D	X	Y	M	E	A	S	U	R	E	I	U
A	E	A	T	H	X	K	G	W	E	L	L	N	E	S	S
N	C	H	B	U	E	L	A	D	D	N	Z	L	D	E	Z
C	O	A	R	E	G	U	L	A	T	I	O	N	G	A	M
E	V	P	O	X	A	N	A	Q	S	N	S	R	L	B	I
M	E	U	O	L	J	A	G	P	Y	T	A	U	W	S	N
A	R	T	R	S	D	V	F	E	S	H	R	Z	S	F	D
M	Y	Q	B	A	T	F	L	M	C	Q	E	E	N	M	F
Y	O	G	E	T	J	U	R	E	Q	F	N	O	S	X	U
G	C	O	T	M	D	W	R	H	U	M	E	K	H	S	L
K	N	B	D	E	V	M	Z	E	L	C	R	U	O	T	N
W	W	T	H	K	B	F	Y	A	Z	H	G	F	Q	R	E
N	H	C	E	Q	O	R	C	O	W	T	Y	N	R	X	S
N	S	Z	X	S	T	A	B	I	L	I	T	Y	W	H	S

**BALANCE  
ENERGY  
MEASURE  
MINERAL  
POSTURE  
RECOVERY  
SCHEDULE  
STRESS**

**CALMNESS  
INTROSPECT  
MINDFULNESS  
MOOD  
RECHARGE  
REGULATION  
STABILITY  
WELLNESS**

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## Puzzle-Solution 11

<b>B</b>	<b>M</b>	<b>I</b>	<b>N</b>	<b>E</b>	<b>R</b>	<b>A</b>	<b>L</b>	M	C	I	S	G	G	Z	J
<b>A</b>	I	<b>I</b>	<b>N</b>	<b>T</b>	<b>R</b>	<b>O</b>	<b>S</b>	<b>P</b>	<b>E</b>	<b>C</b>	<b>T</b>	J	W	U	Y
<b>L</b>	<b>R</b>	R	D	D	X	Y	<b>M</b>	<b>E</b>	<b>A</b>	<b>S</b>	<b>U</b>	<b>R</b>	<b>E</b>	I	U
<b>A</b>	<b>E</b>	A	T	H	X	K	G	<b>W</b>	<b>E</b>	<b>L</b>	<b>L</b>	<b>N</b>	<b>E</b>	<b>S</b>	<b>S</b>
<b>N</b>	<b>C</b>	H	B	U	E	L	A	D	D	N	Z	L	D	<b>E</b>	Z
<b>C</b>	<b>O</b>	A	<b>R</b>	<b>E</b>	<b>G</b>	<b>U</b>	<b>L</b>	<b>A</b>	<b>T</b>	<b>I</b>	<b>O</b>	<b>N</b>	<b>G</b>	A	<b>M</b>
<b>E</b>	<b>V</b>	<b>P</b>	O	X	A	N	A	Q	<b>S</b>	N	S	<b>R</b>	L	B	<b>I</b>
M	<b>E</b>	U	<b>O</b>	L	J	A	G	P	Y	<b>T</b>	<b>A</b>	U	W	<b>S</b>	<b>N</b>
A	<b>R</b>	T	R	<b>S</b>	D	V	F	<b>E</b>	S	<b>H</b>	<b>R</b>	Z	<b>S</b>	F	<b>D</b>
<b>M</b>	<b>Y</b>	Q	B	A	<b>T</b>	F	<b>L</b>	M	<b>C</b>	Q	<b>E</b>	<b>E</b>	N	M	<b>F</b>
Y	<b>O</b>	G	E	T	J	<b>U</b>	R	<b>E</b>	Q	F	<b>N</b>	O	<b>S</b>	X	<b>U</b>
G	C	<b>O</b>	T	M	<b>D</b>	W	<b>R</b>	H	U	<b>M</b>	<b>E</b>	K	H	<b>S</b>	<b>L</b>
K	N	B	<b>D</b>	<b>E</b>	V	M	Z	<b>E</b>	<b>L</b>	C	<b>R</b>	U	O	T	<b>N</b>
W	W	T	<b>H</b>	K	B	F	Y	<b>A</b>	Z	H	<b>G</b>	F	Q	R	<b>E</b>
N	H	<b>C</b>	E	Q	O	R	<b>C</b>	O	W	T	<b>Y</b>	N	R	X	<b>S</b>
N	<b>S</b>	Z	X	<b>S</b>	<b>T</b>	<b>A</b>	<b>B</b>	<b>I</b>	<b>L</b>	<b>I</b>	<b>T</b>	<b>Y</b>	W	H	<b>S</b>

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