

# Healthy\_habits Word Search

## Puzzle 13

S	X	H	T	C	A	L	M	N	E	S	S	G	W	O	N
A	S	R	X	W	F	Y	D	T	Z	J	U	T	X	E	T
U	I	B	W	E	K	B	W	I	R	E	S	T	O	T	E
M	W	A	L	K	X	W	E	G	R	E	P	T	C	L	E
W	G	H	S	O	T	P	V	L	M	E	N	F	Y	A	M
C	O	M	M	U	N	I	T	Y	O	E	C	T	O	E	O
U	R	F	L	X	E	F	W	Z	M	N	S	T	M	B	T
H	E	O	W	B	D	P	N	E	S	E	G	X	I	M	I
Y	G	K	Z	R	L	T	V	U	F	J	F	F	X	O	O
D	U	Y	U	E	L	O	B	I	M	O	C	A	C	P	N
R	L	L	P	A	M	I	L	I	M	U	S	T	O	Q	D
A	A	O	U	T	D	O	O	R	V	R	N	O	J	O	M
T	T	D	I	H	O	N	H	N	P	N	L	X	O	B	V
I	I	N	B	L	R	S	U	P	I	A	R	M	J	D	E
O	O	D	H	M	H	N	W	J	T	L	E	X	J	T	I
N	N	I	D	C	Z	N	O	T	E	M	K	U	I	M	O

**BELONG  
CALMNESS  
DIRECTION  
HYDRATION  
LIFESTYLE  
MOVEMENT  
OUTDOOR  
REST**

**BREATH  
COMMUNITY  
EMOTION  
JOURNAL  
MOOD  
NOTE  
REGULATION  
WALK**

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## Puzzle-Solution 13

S	X	H	T	C	A	L	M	N	E	S	S	G	W	O	N
A	S	R	X	W	F	Y	D	T	Z	J	U	T	X	E	T
U	I	B	W	E	K	B	W	I	R	E	S	T	O	T	E
M	W	A	L	K	X	W	E	G	R	E	P	T	C	L	E
W	G	H	S	O	T	P	V	L	M	E	N	F	Y	A	M
C	O	M	M	U	N	I	T	Y	O	E	C	T	O	E	O
U	R	F	L	X	E	F	W	Z	M	N	S	T	M	B	T
H	E	O	W	B	D	P	N	E	S	E	G	X	I	M	I
Y	G	K	Z	R	L	T	V	U	F	J	F	F	X	O	O
D	U	Y	U	E	L	O	B	I	M	O	C	A	C	P	N
R	L	L	P	A	M	I	L	I	M	U	S	T	O	Q	D
A	A	O	U	T	D	O	O	R	V	R	N	O	J	O	M
T	T	D	I	H	O	N	H	N	P	N	L	X	O	B	V
I	I	N	B	L	R	S	U	P	I	A	R	M	J	D	E
O	O	D	H	M	H	N	W	J	T	L	E	X	J	T	I
N	N	I	D	C	Z	N	O	T	E	M	K	U	I	M	O

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