

Healthy Habits Word Search

Puzzle 49

P	V	K	Q	H	Y	O	R	U	W	I	T	K	J	X	V
R	V	N	K	K	Q	J	J	H	K	W	A	Q	I	I	M
T	E	V	C	O	Y	V	T	K	R	E	E	P	X	L	N
T	U	S	A	D	S	W	L	Y	R	U	R	V	B	I	N
Z	B	A	P	P	I	X	M	B	T	E	D	W	H	M	D
I	O	C	H	I	E	R	G	O	N	O	M	I	C	I	V
R	U	T	A	B	R	M	E	F	J	G	T	P	N	T	C
E	N	I	X	E	B	A	B	C	K	Q	G	T	T	X	P
T	D	V	D	D	J	A	T	N	T	D	V	T	O	A	A
N	A	I	F	T	Q	G	L	I	O	I	M	I	J	E	K
E	R	T	M	I	Q	O	G	A	O	T	O	Z	M	L	T
J	Y	Y	G	M	O	A	R	R	N	N	E	N	A	Z	D
K	V	Z	O	E	H	L	T	E	B	C	J	W	A	F	A
H	Y	D	R	A	T	I	O	N	S	X	E	S	D	H	U
C	E	P	T	I	S	D	D	S	T	T	B	N	M	J	J
M	S	C	H	E	D	U	L	E	S	T	R	E	T	C	H

ACTIVITY
BEDTIME
BREAK
ERGONOMIC
HYDRATION
NOTE
REST
STRETCH

BALANCE
BOUNDARY
DIRECTION
GOAL
LIMIT
RESPIRATION
SCHEDULE
WALK

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Puzzle-Solution 49

P	V	K	Q	H	Y	O	R	U	W	I	T	K	J	X	V
R	V	N	K	K	Q	J	J	H	K	W	A	Q	I	I	M
T	E	V	C	O	Y	V	T	K	R	E	E	P	X	L	N
T	U	S	A	D	S	W	L	Y	R	U	R	V	B	I	N
Z	B	A	P	P	I	X	M	B	T	E	D	W	H	M	D
I	O	C	H	I	E	R	G	O	N	O	M	I	C	I	V
R	U	T	A	B	R	M	E	F	J	G	T	P	N	T	C
E	N	I	X	E	B	A	B	C	K	Q	G	T	T	X	P
T	D	V	D	D	J	A	T	N	T	D	V	T	O	A	A
N	A	I	F	T	Q	G	L	I	O	I	M	I	J	E	K
E	R	T	M	I	Q	O	G	A	O	T	O	Z	M	L	T
J	Y	Y	G	M	O	A	R	R	N	N	E	N	A	Z	D
K	V	Z	O	E	H	L	T	E	B	C	J	W	A	F	A
H	Y	D	R	A	T	I	O	N	S	X	E	S	D	H	U
C	E	P	T	I	S	D	D	S	T	T	B	N	M	J	J
M	S	C	H	E	D	U	L	E	S	T	R	E	T	C	H

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