

Healthy Habits Word Search

Puzzle 61

D	D	U	Y	R	V	R	J	B	V	K	U	P	D	H	Z
W	R	E	B	K	E	A	N	U	T	R	I	T	I	O	N
N	P	I	B	N	G	T	L	I	F	E	S	T	Y	L	E
Z	E	Q	N	C	M	I	N	D	F	U	L	N	E	S	S
W	N	A	C	E	S	R	Q	W	A	C	Y	F	F	E	X
W	L	G	Q	T	O	E	B	D	S	N	Q	A	C	O	A
P	A	J	A	A	K	S	D	L	U	N	X	I	F	E	W
O	M	L	U	Z	F	I	Y	A	P	G	Y	I	D	S	X
I	A	Y	K	M	X	L	T	P	P	R	R	U	E	X	O
S	T	A	B	I	L	I	T	Y	O	A	T	R	B	T	A
W	M	F	E	Z	W	E	F	A	R	I	E	O	E	M	Y
L	F	I	B	E	R	N	X	R	T	N	D	U	L	M	T
X	W	Q	I	E	N	C	R	A	U	P	Y	T	O	X	W
O	N	H	U	D	G	E	R	A	D	I	Y	I	N	F	L
F	W	P	L	B	Q	G	N	Y	Z	T	T	N	G	M	W
M	E	T	A	B	O	L	I	S	M	R	I	E	E	L	I

**ANXIETY
FIBER
GRAIN
LIFESTYLE
MINDFULNESS
PLANNER
ROUTINE
SUPPORT**

**BELONG
FRUIT
GRATITUDE
METABOLISM
NUTRITION
RESILIENCE
STABILITY
WALK**

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Puzzle-Solution 61

D	D	U	Y	R	V	R	J	B	V	K	U	P	D	H	Z
W	R	E	B	K	E	A	N	U	T	R	I	T	I	O	N
N	P	I	B	N	G	T	L	I	F	E	S	T	Y	L	E
Z	E	Q	N	C	M	I	N	D	F	U	L	N	E	S	S
W	N	A	C	E	S	R	Q	W	A	C	Y	F	F	E	X
W	L	G	Q	T	O	E	B	D	S	N	Q	A	C	O	A
P	A	J	A	A	K	S	D	L	U	N	X	I	F	E	W
O	M	L	U	Z	F	I	Y	A	P	G	Y	I	D	S	X
I	A	Y	K	M	X	L	T	P	P	R	R	U	E	X	O
S	T	A	B	I	L	I	T	Y	O	A	T	R	B	T	A
W	M	F	E	Z	W	E	F	A	R	I	E	O	E	M	Y
L	F	I	B	E	R	N	X	R	T	N	D	U	L	M	T
X	W	Q	I	E	N	C	R	A	U	P	Y	T	O	X	W
O	N	H	U	D	G	E	R	A	D	I	Y	I	N	F	L
F	W	P	L	B	Q	G	N	Y	Z	T	T	N	G	M	W
M	E	T	A	B	O	L	I	S	M	R	I	E	E	L	I

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