

Healthy Habits Word Search

Puzzle 69

M	Q	F	U	M	J	I	O	N	D	W	S	L	E	E	P
H	R	O	D	E	H	B	Z	G	G	W	G	K	L	T	Y
Y	Y	A	C	A	Y	E	D	O	F	S	T	J	N	R	W
K	U	A	H	S	R	D	I	Q	W	O	J	O	E	P	P
I	O	U	A	U	L	T	G	N	Q	Z	I	V	L	H	K
D	A	C	B	R	F	I	E	X	R	T	O	J	K	N	O
E	B	C	I	E	I	M	S	F	A	C	A	C	O	N	K
X	T	K	T	I	A	E	T	N	E	P	Z	I	T	H	L
E	L	P	W	I	R	U	I	R	O	U	T	D	O	O	R
R	C	D	A	U	V	D	O	S	T	C	V	N	H	G	V
C	Z	D	Q	U	R	I	N	K	E	A	H	X	A	D	M
I	B	F	Y	O	S	N	T	N	C	Q	Q	W	O	Q	N
S	H	Q	O	Q	M	E	N	Y	H	A	A	M	G	X	V
E	J	C	W	T	I	O	M	R	P	R	E	P	A	R	E
M	Q	G	P	D	C	I	N	T	R	O	S	P	E	C	T
P	O	R	T	I	O	N	C	H	M	R	H	Y	T	H	M

**ACTIVITY
CONNECTION
DIGESTION
HABIT
MEASURE
PAUSE
PREPARE
RHYTHM**

**BEDTIME
COORDINATION
EXERCISE
INTROSPECT
OUTDOOR
PORTION
RECOVERY
SLEEP**

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Puzzle-Solution 69

M	Q	F	U	M	J	I	O	N	D	W	S	L	E	E	P
H	R	O	D	E	H	B	Z	G	G	W	G	K	L	T	Y
Y	Y	A	C	A	Y	E	D	O	F	S	T	J	N	R	W
K	U	A	H	S	R	D	I	Q	W	O	J	O	E	P	P
I	O	U	A	U	L	T	G	N	Q	Z	I	V	L	H	K
D	A	C	B	R	F	I	E	X	R	T	O	J	K	N	O
E	B	C	I	E	I	M	S	F	A	C	A	C	O	N	K
X	T	K	T	I	A	E	T	N	E	P	Z	I	T	H	L
E	L	P	W	I	R	U	I	R	O	U	T	D	O	O	R
R	C	D	A	U	V	D	O	S	T	C	V	N	H	G	V
C	Z	D	Q	U	R	I	N	K	E	A	H	X	A	D	M
I	B	F	Y	O	S	N	T	N	C	Q	Q	W	O	Q	N
S	H	Q	O	Q	M	E	N	Y	H	A	A	M	G	X	V
E	J	C	W	T	I	O	M	R	P	R	E	P	A	R	E
M	Q	G	P	D	C	I	N	T	R	O	S	P	E	C	T
P	O	R	T	I	O	N	C	H	M	R	H	Y	T	H	M

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