

Healthy Habits Word Search

Puzzle 72

Q	H	H	P	Z	R	A	W	A	R	E	N	E	S	S	Q
A	L	E	A	S	V	F	T	C	T	H	Y	G	N	S	C
P	D	A	P	R	E	V	E	N	T	I	O	N	R	Z	O
P	H	L	R	M	Z	D	I	G	E	S	T	I	O	N	O
R	F	T	F	K	K	W	E	L	L	N	E	S	S	L	R
E	R	H	C	S	C	N	S	A	Q	O	G	Q	E	B	D
C	E	X	D	Q	B	A	L	A	N	C	E	L	H	V	I
I	G	H	O	I	S	Q	S	N	P	T	Y	V	Y	N	N
A	U	F	C	E	S	Y	G	R	H	T	G	U	D	R	A
T	L	O	R	S	W	C	Q	R	S	J	D	L	R	E	T
I	A	U	U	B	Q	X	I	E	O	C	U	P	A	L	I
O	T	T	R	F	D	L	F	P	L	U	C	U	T	A	O
N	I	F	C	O	K	I	G	B	L	Z	N	N	I	T	N
B	O	Y	O	Q	L	V	K	Z	D	I	X	D	O	I	O
O	N	M	D	Z	V	P	U	G	U	E	N	K	N	O	G
X	T	R	A	C	K	U	Q	P	E	Y	A	E	Q	N	Q

**APPRECIATION
BALANCE
DIGESTION
GROUND
HYDRATION
MOOD
REGULATION
TRACK**

**AWARENESS
COORDINATION
DISCIPLINE
HEALTH
LIFESTYLE
PREVENTION
RELATION
WELLNESS**

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Puzzle-Solution 72

Q	H	H	P	Z	R	A	W	A	R	E	N	E	S	S	Q
A	L	E	A	S	V	F	T	C	T	H	Y	G	N	S	C
P	D	A	P	R	E	V	E	N	T	I	O	N	R	Z	O
P	H	L	R	M	Z	D	I	G	E	S	T	I	O	N	O
R	F	T	F	K	K	W	E	L	L	N	E	S	S	L	R
E	R	H	C	S	C	N	S	A	Q	O	G	Q	E	B	D
C	E	X	D	Q	B	A	L	A	N	C	E	L	H	V	I
I	G	H	O	I	S	Q	S	N	P	T	Y	V	Y	N	N
A	U	F	C	E	S	Y	G	R	H	T	G	U	D	R	A
T	L	O	R	S	W	C	Q	R	S	J	D	L	R	E	T
I	A	U	U	B	Q	X	I	E	O	C	U	P	A	L	I
O	T	T	R	F	D	L	F	P	L	U	C	U	T	A	O
N	I	F	C	O	K	I	G	B	L	Z	N	N	I	T	N
B	O	Y	O	Q	L	V	K	Z	D	I	X	D	O	I	O
O	N	M	D	Z	V	P	U	G	U	E	N	K	N	O	G
X	T	R	A	C	K	U	Q	P	E	Y	A	E	Q	N	Q

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