

Healthy Habits Word Search

Puzzle 101

I	W	R	R	C	O	V	N	S	E	L	F	A	U	A	H
M	W	D	O	S	H	S	W	C	L	C	X	P	N	R	F
I	O	X	P	A	R	L	N	N	H	E	H	K	M	E	R
C	I	B	A	X	C	E	S	K	A	H	E	R	G	S	E
R	Q	C	I	C	I	B	W	T	K	M	D	P	G	P	L
O	W	X	I	L	T	O	U	T	D	O	O	R	S	I	A
N	L	X	I	I	I	I	O	R	D	E	R	O	U	R	T
U	U	S	U	T	Q	T	V	A	Y	R	Z	X	N	A	I
T	E	G	J	M	E	S	Y	I	U	I	P	B	L	T	O
R	Q	J	O	U	R	N	A	L	T	S	W	G	I	I	N
I	X	G	O	H	E	N	S	R	J	Y	E	M	G	O	W
E	X	I	M	A	E	J	Q	I	T	G	L	W	H	N	R
N	V	H	Z	B	T	O	Y	N	O	A	M	W	T	K	J
T	A	T	R	I	J	D	Q	I	C	N	N	V	E	O	A
N	O	Q	K	T	L	I	F	E	S	T	Y	L	E	B	Y
N	P	R	E	S	S	U	R	E	K	I	M	H	X	C	V

**ACTIVITY
HABIT
LIFESTYLE
MOBILITY
OUTDOOR
RELATION
RESPIRATION
SUNLIGHT**

**CALM
JOURNAL
MICRONUTRIENT
ORDER
PRESSURE
RESILIENCE
SLEEP
TENSION**

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Puzzle-Solution 101

I	W	R	R	C	O	V	N	S	E	L	F	A	U	A	H
M	W	D	O	S	H	S	W	C	L	C	X	P	N	R	F
I	O	X	P	A	R	L	N	N	H	E	H	K	M	E	R
C	I	B	A	X	C	E	S	K	A	H	E	R	G	S	E
R	Q	C	I	C	I	B	W	T	K	M	D	P	G	P	L
O	W	X	I	L	T	O	U	T	D	O	O	R	S	I	A
N	L	X	I	I	I	O	R	D	E	R	O	U	R	T	
U	U	S	U	T	Q	T	V	A	Y	R	Z	X	N	A	I
T	E	G	J	M	E	S	Y	I	U	I	P	B	L	T	O
R	Q	J	O	U	R	N	A	L	T	S	W	G	I	I	N
I	X	G	O	H	E	N	S	R	J	Y	E	M	G	O	W
E	X	I	M	A	E	J	Q	I	T	G	L	W	H	N	R
N	V	H	Z	B	T	O	Y	N	O	A	M	W	T	K	J
T	A	T	R	I	J	D	Q	I	C	N	N	V	E	O	A
N	O	Q	K	T	L	I	F	E	S	T	Y	L	E	B	Y
N	P	R	E	S	S	U	R	E	K	I	M	H	X	C	V

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