

# Healthy Habits Word Search

## Puzzle 115

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| X | L | W | L | I | F | E | S | T | Y | L | E | O | U | O | O |
| E | Q | J | H | S | A | R | O | U | T | I | N | E | M | P | W |
| S | A | O | Q | U | A | R | E | C | H | A | R | G | E | L | A |
| S | C | S | U | F | F | F | Z | W | K | X | U | Z | G | A | C |
| G | P | G | E | O | L | L | E | R | X | J | X | B | E | N | W |
| Q | U | R | H | O | M | K | E | T | E | D | H | L | F | N | J |
| F | X | A | S | Q | M | R | C | X | Y | C | B | F | U | E | X |
| Z | S | T | G | K | P | D | A | B | I | A | O | M | W | R | H |
| G | J | I | P | E | A | I | M | Z | T | B | B | V | C | Q | P |
| X | B | T | U | Q | U | O | Y | E | H | O | I | U | E | U | G |
| S | U | U | R | G | S | S | G | M | U | T | U | L | E | R | H |
| F | I | D | L | Q | E | E | G | N | B | C | C | K | I | X | Y |
| W | T | E | P | Q | V | O | G | X | P | K | A | L | W | T | M |
| V | F | V | I | T | A | L | I | T | Y | W | N | L | F | I | Y |
| H | Z | T | P | R | O | T | E | C | T | I | O | N | M | L | J |
| G | G | U | E | A | N | X | I | E | T | Y | A | D | Y | I | E |

**ANXIETY  
EASE  
GRATITUDE  
PAUSE  
PROTECTION  
RECOVERY  
SAFETY  
VITALITY**

**CALM  
FLEXIBILITY  
LIFESTYLE  
PLANNER  
RECHARGE  
ROUTINE  
VEGETABLE  
WAKEUP**

# Healthy Habits Word Search

## Puzzle-Solution 115

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| X | L | W | L | I | F | E | S | T | Y | L | E | O | U | O | O |
| E | Q | J | H | S | A | R | O | U | T | I | N | E | M | P | W |
| S | A | O | Q | U | A | R | E | C | H | A | R | G | E | L | A |
| S | C | S | U | F | F | F | Z | W | K | X | U | Z | G | A | C |
| G | P | G | E | O | L | L | E | R | X | J | X | B | E | N | W |
| Q | U | R | H | O | M | K | E | T | E | D | H | L | F | N | J |
| F | X | A | S | Q | M | R | C | X | Y | C | B | F | U | E | X |
| Z | S | T | G | K | P | D | A | B | I | A | O | M | W | R | H |
| G | J | I | P | E | A | I | M | Z | T | B | B | V | C | Q | P |
| X | B | T | U | Q | U | O | Y | E | H | O | I | U | E | U | G |
| S | U | U | R | G | S | S | G | M | U | T | U | L | E | R | H |
| F | I | D | L | Q | E | E | G | N | B | C | C | K | I | X | Y |
| W | T | E | P | Q | V | O | G | X | P | K | A | L | W | T | M |
| V | F | V | I | T | A | L | I | T | Y | W | N | L | F | I | Y |
| H | Z | T | P | R | O | T | E | C | T | I | O | N | M | L | J |
| G | G | U | E | A | N | X | I | E | T | Y | A | D | Y | I | E |

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