

# Healthy Habits Word Search

## Puzzle 123

Y	I	C	O	I	N	T	R	O	S	P	E	C	T	L	E
C	A	O	K	R	B	W	E	L	L	N	E	S	S	S	U
O	C	N	X	B	G	I	Q	W	O	A	J	V	A	H	S
N	E	N	T	Z	Y	A	J	A	A	K	R	E	I	H	U
T	S	E	B	I	R	X	N	Y	B	T	S	L	D	S	N
E	L	C	W	D	O	L	T	I	Q	N	E	Y	H	A	L
N	H	T	V	W	E	I	W	A	Z	S	Z	R	K	N	I
T	D	I	F	P	V	P	R	O	T	E	I	N	M	I	G
M	I	O	U	I	R	R	Z	Y	V	G	E	E	F	T	H
E	G	N	T	S	B	E	D	T	I	M	E	Z	L	A	T
N	B	C	D	X	D	T	S	B	X	Y	J	W	Z	T	S
T	A	S	O	M	I	C	P	S	F	U	Q	P	I	I	K
U	W	Q	F	B	F	E	E	N	U	Y	U	K	B	O	L
B	K	V	A	H	M	T	Z	H	S	R	D	I	R	N	D
W	O	H	G	L	U	B	R	E	A	K	E	D	F	S	D
Q	K	B	J	T	E	M	P	E	R	A	N	C	E	A	D

**ACTIVITY**  
**BREAK**  
**CONTENTMENT**  
**HABIT**  
**ORGANIZE**  
**PROTEIN**  
**SUNLIGHT**  
**WATER**

**BEDTIME**  
**CONNECTION**  
**EASE**  
**INTROSPECT**  
**PRESSURE**  
**SANITATION**  
**TEMPERANCE**  
**WELLNESS**

# Healthy Habits Word Search

## Puzzle-Solution 123

Y	I	C	O	I	N	T	R	O	S	P	E	C	T	L	E
C	A	O	K	R	B	W	E	L	L	N	E	S	S	S	U
O	C	N	X	B	G	I	Q	W	O	A	J	V	A	H	S
N	E	N	T	Z	Y	A	J	A	A	K	R	E	I	H	U
T	S	E	B	I	R	X	N	Y	B	T	S	L	D	S	N
E	L	C	W	D	O	L	T	I	Q	N	E	Y	H	A	L
N	H	T	V	W	E	I	W	A	Z	S	Z	R	K	N	I
T	D	I	F	P	V	P	R	O	T	E	I	N	M	I	G
M	I	O	U	I	R	R	Z	Y	V	G	E	E	F	T	H
E	G	N	T	S	B	E	D	T	I	M	E	Z	L	A	T
N	B	C	D	X	D	T	S	B	X	Y	J	W	Z	T	S
T	A	S	O	M	I	C	P	S	F	U	Q	P	I	I	K
U	W	Q	F	B	F	E	E	N	U	Y	U	K	B	O	L
B	K	V	A	H	M	T	Z	H	S	R	D	I	R	N	D
W	O	H	G	L	U	B	R	E	A	K	E	D	F	S	D
Q	K	B	J	T	E	M	P	E	R	A	N	C	E	A	D

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