

Healthy Habits Word Search

Puzzle 129

C	W	Q	R	E	S	I	L	I	E	N	C	E	Q	L	A
B	H	C	F	F	W	A	X	F	A	U	D	G	P	J	V
W	O	V	F	S	I	N	L	K	C	U	F	Z	R	X	O
L	L	N	V	Y	U	L	R	P	T	A	H	R	O	E	I
H	E	I	Y	N	B	Q	C	I	R	G	D	L	T	D	D
Y	F	M	B	R	E	A	T	H	T	E	I	H	E	D	A
G	O	N	P	C	W	A	D	H	E	N	S	D	I	U	N
I	O	A	P	H	R	I	G	P	G	C	A	E	N	E	C
E	D	I	Y	G	L	I	R	H	D	O	K	T	N	U	E
N	R	Y	Q	T	L	T	T	C	E	Q	A	L	U	C	Z
E	O	M	I	N	E	R	A	L	I	J	X	L	I	R	E
Y	K	F	U	M	P	X	N	K	P	U	Z	X	A	S	E
A	J	S	N	U	T	R	I	T	I	O	N	F	Q	K	T
T	Y	U	C	L	A	R	I	T	Y	R	O	X	A	V	B
V	K	Y	L	L	E	F	Q	T	C	N	E	B	I	S	A
R	M	I	C	R	O	N	U	T	R	I	E	N	T	N	C

**AVOIDANCE
CHECKLIST
GOAL
HYGIENE
MINERAL
NUTRITION
PROTEIN
SUNLIGHT**

**BREATH
CLARITY
GRATITUDE
MICRONUTRIENT
NATURE
PRESENCE
RESILIENCE
WHOLEFOOD**

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Puzzle-Solution 129

C	W	Q	R	E	S	I	L	I	E	N	C	E	Q	L	A
B	H	C	F	F	W	A	X	F	A	U	D	G	P	J	V
W	O	V	F	S	I	N	L	K	C	U	F	Z	R	X	O
L	L	N	V	Y	U	L	R	P	T	A	H	R	O	E	I
H	E	I	Y	N	B	Q	C	I	R	G	D	L	T	D	D
Y	F	M	B	R	E	A	T	H	T	E	I	H	E	D	A
G	O	N	P	C	W	A	D	H	E	N	S	D	I	U	N
I	O	A	P	H	R	I	G	P	G	C	A	E	N	E	C
E	D	I	Y	G	L	I	R	H	D	O	K	T	N	U	E
N	R	Y	Q	T	L	T	T	C	E	Q	A	L	U	C	Z
E	O	M	I	N	E	R	A	L	I	J	X	L	I	R	E
Y	K	F	U	M	P	X	N	K	P	U	Z	X	A	S	E
A	J	S	N	U	T	R	I	T	I	O	N	F	Q	K	T
T	Y	U	C	L	A	R	I	T	Y	R	O	X	A	V	B
V	K	Y	L	L	E	F	Q	T	C	N	E	B	I	S	A
R	M	I	C	R	O	N	U	T	R	I	E	N	T	N	C

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