

# Healthy Habits Word Search

## Puzzle 130

X	P	W	U	D	C	D	C	E	N	T	E	R	L	J	V
T	W	Y	P	F	O	Y	S	U	R	D	A	P	E	N	P
Q	A	P	S	V	N	A	E	Q	Y	Z	N	J	O	T	O
O	V	N	W	Y	T	M	K	F	I	B	E	R	U	J	R
R	E	L	A	X	E	P	C	I	L	A	M	E	T	U	T
V	D	K	W	R	N	R	Z	H	P	F	R	Q	D	G	I
L	W	N	E	Y	T	B	U	P	A	U	H	P	O	C	O
C	S	M	L	F	M	W	R	U	S	R	S	Q	O	X	N
F	T	O	L	N	E	Z	P	S	S	D	M	E	R	S	W
W	R	L	N	T	N	G	E	S	Z	V	M	O	K	E	T
A	U	O	E	L	T	R	E	A	L	Y	A	C	N	Z	C
K	C	M	S	L	P	R	I	V	U	E	A	M	C	Y	R
E	T	H	S	C	T	E	J	K	O	R	E	N	I	Q	X
U	U	Q	M	S	S	F	I	V	T	K	T	P	I	T	U
P	R	T	U	B	R	E	G	U	L	A	T	I	O	N	I
F	E	A	P	P	R	E	C	I	A	T	I	O	N	C	Z

**APPRECIATION  
CONTENTMENT  
HARMONY  
PORTION  
REGULATION  
SLEEP  
STRUCTURE  
WAKEUP**

**CENTER  
FIBER  
OUTDOOR  
PRESSURE  
RELAX  
STRESS  
TRACK  
WELLNESS**

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## Puzzle-Solution 130

X	P	W	U	D	C	D	C	E	N	T	E	R	L	J	V
T	W	Y	P	F	O	Y	S	U	R	D	A	P	E	N	P
Q	A	P	S	V	N	A	E	Q	Y	Z	N	J	O	T	O
O	V	N	W	Y	T	M	K	F	I	B	E	R	U	J	R
R	E	L	A	X	E	P	C	I	L	A	M	E	T	U	T
V	D	K	W	R	N	R	Z	H	P	F	R	Q	D	G	I
L	W	N	E	Y	T	B	U	P	A	U	H	P	O	C	O
C	S	M	L	F	M	W	R	U	S	R	S	Q	O	X	N
F	T	O	L	N	E	Z	P	S	S	D	M	E	R	S	W
W	R	L	N	T	N	G	E	S	Z	V	M	O	K	E	T
A	U	O	E	L	T	R	E	A	L	Y	A	C	N	Z	C
K	C	M	S	L	P	R	I	V	U	E	A	M	C	Y	R
E	T	H	S	C	T	E	J	K	O	R	E	N	I	Q	X
U	U	Q	M	S	S	F	I	V	T	K	T	P	I	T	U
P	R	T	U	B	R	E	G	U	L	A	T	I	O	N	I
F	E	A	P	P	R	E	C	I	A	T	I	O	N	C	Z

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