

Healthy Habits Word Search

Puzzle 137

J	Z	L	D	I	C	A	L	M	N	E	S	S	V	F	Y
R	V	I	T	M	X	S	T	R	U	C	T	U	R	E	E
I	T	Q	R	E	G	U	L	A	T	I	O	N	C	C	D
U	N	G	H	E	A	L	T	H	Q	D	Y	U	N	N	Y
Q	T	T	T	C	S	R	S	T	W	U	C	A	O	B	R
G	R	G	E	I	N	P	U	T	D	Q	R	I	H	Z	E
X	O	W	V	N	G	O	K	Z	L	U	T	W	R	E	S
A	A	A	B	D	T	S	V	I	D	O	X	L	S	J	P
U	N	A	L	I	T	I	I	N	M	O	V	A	T	J	I
X	X	H	P	G	R	T	E	E	D	L	E	K	G	Y	R
Y	I	M	O	E	O	I	M	M	U	N	I	T	Y	Z	A
G	E	Z	S	S	U	V	C	P	S	R	S	G	O	D	T
S	T	R	T	T	T	I	Z	J	R	B	V	K	H	Z	I
K	Y	G	U	I	I	T	J	U	Q	K	E	G	B	Z	O
D	D	Y	R	O	N	Y	O	B	S	Z	F	C	D	V	N
T	R	M	E	N	E	A	N	B	F	K	T	Y	F	F	I

**ANXIETY
DIGESTION
EMOTION
GOAL
IMMUNITY
POSITIVITY
REGULATION
ROUTINE**

**CALMNESS
EASE
ENDURANCE
HEALTH
INTENT
POSTURE
RESPIRATION
STRUCTURE**

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Puzzle-Solution 137

J	Z	L	D	I	C	A	L	M	N	E	S	S	V	F	Y
R	V	I	T	M	X	S	T	R	U	C	T	U	R	E	E
I	T	Q	R	E	G	U	L	A	T	I	O	N	C	C	D
U	N	G	H	E	A	L	T	H	Q	D	Y	U	N	N	Y
Q	T	T	T	C	S	R	S	T	W	U	C	A	O	B	R
G	R	G	E	I	N	P	U	T	D	Q	R	I	H	Z	E
X	O	W	V	N	G	O	K	Z	L	U	T	W	R	E	S
A	A	A	B	D	T	S	V	I	D	O	X	L	S	J	P
U	N	A	L	I	T	I	I	N	M	O	V	A	T	J	I
X	X	H	P	G	R	T	E	E	D	L	E	K	G	Y	R
Y	I	M	O	E	O	I	M	M	U	N	I	T	Y	Z	A
G	E	Z	S	S	U	V	C	P	S	R	S	G	O	D	T
S	T	R	T	T	T	I	Z	J	R	B	V	K	H	Z	I
K	Y	G	U	I	I	T	J	U	Q	K	E	G	B	Z	O
D	D	Y	R	O	N	Y	O	B	S	Z	F	C	D	V	N
T	R	M	E	N	E	A	N	B	F	K	T	Y	F	F	I

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