

# Healthy Habits Word Search

## Puzzle 141

S	U	N	L	I	G	H	T	G	X	Q	R	T	Z	F	T
G	M	K	K	T	W	V	C	T	I	V	D	T	M	M	E
F	O	V	P	G	Q	K	Z	T	E	N	S	I	O	N	P
I	L	U	Z	R	M	Y	S	X	V	K	B	F	N	F	O
L	M	K	T	L	E	P	R	E	S	S	U	R	E	L	S
B	M	L	V	D	K	S	U	M	A	M	O	O	B	E	I
O	P	O	Z	W	O	H	E	Y	X	I	O	U	O	X	T
U	W	F	O	C	O	O	Y	N	Y	R	J	T	I	I	I
N	H	C	V	D	A	N	R	T	C	R	D	I	D	B	V
D	C	R	N	G	O	O	I	A	B	E	V	N	Y	I	I
A	P	K	Z	M	M	L	F	U	O	E	Q	E	B	L	T
R	Q	M	R	B	I	W	G	O	Y	W	D	C	S	I	Y
Y	H	A	D	B	R	E	R	N	C	R	W	T	R	T	U
T	H	J	A	A	W	A	R	E	N	E	S	S	I	Y	W
U	J	T	A	T	H	W	E	L	L	N	E	S	S	M	U
H	S	N	J	W	J	E	X	E	R	C	I	S	E	J	E

**AWARENESS  
BOUNDARY  
FLEXIBILITY  
MOOD  
POSITIVITY  
PRESSURE  
STABILITY  
TENSION**

**BEDTIME  
EXERCISE  
HARMONY  
OUTDOOR  
PRESENCE  
ROUTINE  
SUNLIGHT  
WELLNESS**

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## Puzzle-Solution 141

S	U	N	L	I	G	H	T	G	X	Q	R	T	Z	F	T
G	M	K	K	T	W	V	C	T	I	V	D	T	M	M	E
F	O	V	P	G	Q	K	Z	T	E	N	S	I	O	N	P
I	L	U	Z	R	M	Y	S	X	V	K	B	F	N	F	O
L	M	K	T	L	E	P	R	E	S	S	U	R	E	L	S
B	M	L	V	D	K	S	U	M	A	M	O	O	B	E	I
O	P	O	Z	W	O	H	E	Y	X	I	O	U	O	X	T
U	W	F	O	C	O	O	Y	N	Y	R	J	T	I	I	I
N	H	C	V	D	A	N	R	T	C	R	D	I	D	B	V
D	C	R	N	G	O	O	I	A	B	E	V	N	Y	I	I
A	P	K	Z	M	M	L	F	U	O	E	Q	E	B	L	T
R	Q	M	R	B	I	W	G	O	Y	W	D	C	S	I	Y
Y	H	A	D	B	R	E	R	N	C	R	W	T	R	T	U
T	H	J	A	A	W	A	R	E	N	E	S	S	I	Y	W
U	J	T	A	T	H	W	E	L	L	N	E	S	S	M	U
H	S	N	J	W	J	E	X	E	R	C	I	S	E	J	E

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