

Healthy Habits Word Search

Puzzle 147

M	V	T	S	D	B	A	T	Z	P	O	S	T	U	R	E
B	F	J	G	Y	O	W	W	M	O	B	I	L	I	T	Y
C	Z	M	R	G	Y	H	D	A	K	V	L	W	Z	A	O
H	K	S	A	R	M	O	D	E	R	A	T	I	O	N	C
J	H	U	T	O	R	L	Z	Q	A	E	A	E	J	W	O
J	Q	P	I	U	T	E	C	A	W	H	N	V	P	K	N
P	B	P	T	N	X	F	S	O	X	Y	G	E	N	Q	T
L	M	O	U	D	F	O	Q	I	T	X	S	P	S	S	E
Y	M	R	D	D	P	O	T	I	L	E	T	W	B	S	N
C	A	T	E	N	R	D	C	G	L	I	M	R	O	V	T
C	E	N	T	E	R	I	E	A	Z	I	E	U	C	F	M
G	E	U	R	P	L	M	N	Z	D	V	A	N	A	M	E
U	T	T	A	P	G	R	X	P	L	G	Q	D	C	X	N
I	K	Z	M	G	U	B	W	Y	O	Z	F	F	E	E	T
Q	D	I	N	O	Q	G	O	Y	T	K	H	W	P	J	F
P	S	Q	J	D	I	R	E	C	T	I	O	N	G	R	M

**AWARENESS
CONTENTMENT
GRATITUDE
JOURNAL
MODERATION
POSTURE
SIMPLICITY
WHOLEFOOD**

**CENTER
DIRECTION
GROUND
MOBILITY
OXYGEN
RESILIENCE
SUPPORT
YOGA**

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Puzzle-Solution 147

M	V	T	S	D	B	A	T	Z	P	O	S	T	U	R	E
B	F	J	G	Y	O	W	W	M	O	B	I	L	I	T	Y
C	Z	M	R	G	Y	H	D	A	K	V	L	W	Z	A	O
H	K	S	A	R	M	O	D	E	R	A	T	I	O	N	C
J	H	U	T	O	R	L	Z	Q	A	E	A	E	J	W	O
J	Q	P	I	U	T	E	C	A	W	H	N	V	P	K	N
P	B	P	T	N	X	F	S	O	X	Y	G	E	N	Q	T
L	M	O	U	D	F	O	Q	I	T	X	S	P	S	S	E
Y	M	R	D	D	P	O	T	I	L	E	T	W	B	S	N
C	A	T	E	N	R	D	C	G	L	I	M	R	O	V	T
C	E	N	T	E	R	I	E	A	Z	I	E	U	C	F	M
G	E	U	R	P	L	M	N	Z	D	V	A	N	A	M	E
U	T	T	A	P	G	R	X	P	L	G	Q	D	C	X	N
I	K	Z	M	G	U	B	W	Y	O	Z	F	F	E	E	T
Q	D	I	N	O	Q	G	O	Y	T	K	H	W	P	J	F
P	S	Q	J	D	I	R	E	C	T	I	O	N	G	R	M

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