

Healthy Habits Word Search

Puzzle 149

K	N	B	X	F	B	G	B	U	R	N	O	U	T	A	H
U	A	Z	M	E	T	A	B	O	L	I	S	M	E	F	T
C	E	E	L	U	R	B	B	J	Z	Z	P	Q	N	E	S
H	L	I	B	A	N	C	E	R	N	G	G	D	V	N	W
E	I	V	E	H	F	M	D	E	O	O	V	H	I	E	L
K	F	H	H	X	A	J	T	L	E	A	U	F	K	R	V
J	E	B	Z	A	B	W	I	A	T	C	Q	R	E	G	L
O	S	P	R	Y	R	T	M	T	D	G	L	N	I	Y	G
U	T	O	N	E	J	M	E	I	R	R	N	W	K	S	Q
R	Y	N	S	O	A	T	O	O	Q	A	M	Q	R	D	H
N	L	Q	J	B	K	K	U	N	L	H	X	S	N	G	W
A	E	C	E	N	T	E	R	P	Y	R	I	U	W	S	H
L	M	O	D	E	R	A	T	I	O	N	O	Z	C	Q	O
A	P	R	E	S	E	N	C	E	O	R	M	G	O	N	Z
U	X	D	D	F	K	T	G	U	G	J	U	S	C	B	Z
L	W	M	I	C	R	O	N	U	T	R	I	E	N	T	H

**BEDTIME
BURNOUT
ENERGY
HARMONY
LIFESTYLE
MICRONUTRIENT
NOURISH
PRESENCE**

**BREAK
CENTER
GROUND
JOURNAL
METABOLISM
MODERATION
PLANNER
RELATION**

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Puzzle-Solution 149

K	N	B	X	F	B	G	B	U	R	N	O	U	T	A	H
U	A	Z	M	E	T	A	B	O	L	I	S	M	E	F	T
C	E	E	L	U	R	B	B	J	Z	Z	P	Q	N	E	S
H	L	I	B	A	N	C	E	R	N	G	G	D	V	N	W
E	I	V	E	H	F	M	D	E	O	O	V	H	I	E	L
K	F	H	H	X	A	J	T	L	E	A	U	F	K	R	V
J	E	B	Z	A	B	W	I	A	T	C	Q	R	E	G	L
O	S	P	R	Y	R	T	M	T	D	G	L	N	I	Y	G
U	T	O	N	E	J	M	E	I	R	R	N	W	K	S	Q
R	Y	N	S	O	A	T	O	O	Q	A	M	Q	R	D	H
N	L	Q	J	B	K	K	U	N	L	H	X	S	N	G	W
A	E	C	E	N	T	E	R	P	Y	R	I	U	W	S	H
L	M	O	D	E	R	A	T	I	O	N	O	Z	C	Q	O
A	P	R	E	S	E	N	C	E	O	R	M	G	O	N	Z
U	X	D	D	F	K	T	G	U	G	J	U	S	C	B	Z
L	W	M	I	C	R	O	N	U	T	R	I	E	N	T	H

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