

Healthy Habits Word Search

Puzzle 151

R	L	I	C	R	E	S	P	I	R	A	T	I	O	N	N
H	E	I	D	L	F	M	D	Y	W	Q	J	A	J	D	D
K	M	C	C	O	N	S	I	S	T	E	N	C	Y	A	I
E	C	N	H	O	Z	X	Z	W	J	N	Z	T	A	D	S
P	U	J	D	A	L	M	H	D	D	H	S	I	R	Z	C
R	A	E	M	N	R	G	L	K	S	I	B	V	C	F	I
E	T	H	G	O	R	G	T	C	L	Q	U	I	D	O	P
S	T	Z	C	L	O	N	E	K	L	O	B	T	O	L	L
S	E	L	M	W	E	D	C	E	W	U	V	Y	R	I	I
U	N	J	P	M	V	E	G	E	T	A	B	L	E	E	N
R	T	L	E	Z	H	C	V	H	B	V	V	J	L	T	E
E	I	V	B	C	E	F	P	R	O	G	R	E	S	S	D
R	O	Q	R	L	F	J	K	Q	I	U	C	L	B	D	Y
M	N	Q	E	B	Z	L	G	R	O	U	N	D	Q	P	R
R	L	E	A	A	A	F	O	Z	S	S	D	J	C	N	X
O	B	Z	K	W	N	U	T	R	I	T	I	O	N	K	W

**ACTIVITY
BREAK
CONSISTENCY
GROUND
MOVEMENT
PRESSURE
RECHARGE
VEGETABLE**

**ATTENTION
CHECKLIST
DISCIPLINE
MOOD
NUTRITION
PROGRESS
RESPIRATION
WALK**

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Puzzle-Solution 151

R	L	I	C	R	E	S	P	I	R	A	T	I	O	N	N
H	E	I	D	L	F	M	D	Y	W	Q	J	A	J	D	D
K	M	C	C	O	N	S	I	S	T	E	N	C	Y	A	I
E	C	N	H	O	Z	X	Z	W	J	N	Z	T	A	D	S
P	U	J	D	A	L	M	H	D	D	H	S	I	R	Z	C
R	A	E	M	N	R	G	L	K	S	I	B	V	C	F	I
E	T	H	G	O	R	G	T	C	L	Q	U	I	D	O	P
S	T	Z	C	L	O	N	E	K	L	O	B	T	O	L	L
S	E	L	M	W	E	D	C	E	W	U	V	Y	R	I	I
U	N	J	P	M	V	E	G	E	T	A	B	L	E	E	N
R	T	L	E	Z	H	C	V	H	B	V	V	J	L	T	E
E	I	V	B	C	E	F	P	R	O	G	R	E	S	S	D
R	O	Q	R	L	F	J	K	Q	I	U	C	L	B	D	Y
M	N	Q	E	B	Z	L	G	R	O	U	N	D	Q	P	R
R	L	E	A	A	A	F	O	Z	S	S	D	J	C	N	X
O	B	Z	K	W	N	U	T	R	I	T	I	O	N	K	W

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