

# Healthy Habits Word Search

## Puzzle 156

O	W	B	M	L	H	Q	R	J	S	R	V	P	P	Q	F
R	O	A	L	I	X	B	O	U	N	D	A	R	Y	Y	J
E	Q	D	T	I	N	O	S	L	K	H	O	S	E	A	Q
C	R	E	B	E	T	D	O	W	A	K	E	U	P	F	Q
O	E	F	I	D	R	A	F	L	T	N	X	G	R	T	D
V	C	E	K	Z	G	A	Y	U	Z	T	X	T	G	Z	T
E	H	N	A	C	U	T	Y	D	L	I	Y	I	P	N	N
R	A	S	I	Z	I	T	R	R	Y	N	L	Z	E	Y	D
Y	R	E	O	R	I	P	H	N	M	T	E	M	K	T	W
O	G	H	O	V	S	U	B	Y	Z	E	T	S	A	L	Y
C	E	I	I	S	C	C	E	K	V	N	Z	G	S	D	Z
P	R	T	P	A	U	S	E	Y	E	T	F	L	O	J	U
P	C	G	D	Q	B	Y	H	T	Y	K	B	O	J	B	D
A	Z	B	R	E	A	K	N	F	W	M	V	C	A	N	D
Q	F	B	X	V	P	O	S	T	R	E	T	C	H	R	G
W	S	A	Q	B	C	M	E	N	D	U	R	A	N	C	E

**ACTIVITY  
BOUNDARY  
CONTENTMENT  
ENDURANCE  
MINDFULNESS  
PRIORITY  
RECOVERY  
WAKEUP**

**ANXIETY  
BREAK  
DEFENSE  
INTENT  
PAUSE  
RECHARGE  
STRETCH  
WATER**

# Healthy Habits Word Search

## Puzzle-Solution 156

O	W	B	M	L	H	Q	R	J	S	R	V	P	P	Q	F
R	O	A	L	I	X	B	O	U	N	D	A	R	Y	Y	J
E	Q	D	T	I	N	O	S	L	K	H	O	S	E	A	Q
C	R	E	B	E	T	D	O	W	A	K	E	U	P	F	Q
O	E	F	I	D	R	A	F	L	T	N	X	G	R	T	D
V	C	E	K	Z	G	A	Y	U	Z	T	X	T	G	Z	T
E	H	N	A	C	U	T	Y	D	L	I	Y	I	P	N	N
R	A	S	I	Z	I	T	R	R	Y	N	L	Z	E	Y	D
Y	R	E	O	R	I	P	H	N	M	T	E	M	K	T	W
O	G	H	O	V	S	U	B	Y	Z	E	T	S	A	L	Y
C	E	I	I	S	C	C	E	K	V	N	Z	G	S	D	Z
P	R	T	P	A	U	S	E	Y	E	T	F	L	O	J	U
P	C	G	D	Q	B	Y	H	T	Y	K	B	O	J	B	D
A	Z	B	R	E	A	K	N	F	W	M	V	C	A	N	D
Q	F	B	X	V	P	O	S	T	R	E	T	C	H	R	G
W	S	A	Q	B	C	M	E	N	D	U	R	A	N	C	E

**ACTIVITY**  
**BOUNDARY**  
**CONTENTMENT**  
**ENDURANCE**  
**MINDFULNESS**  
**PRIORITY**  
**RECOVERY**  
**WAKEUP**

**ANXIETY**  
**BREAK**  
**DEFENSE**  
**INTENT**  
**PAUSE**  
**RECHARGE**  
**STRETCH**  
**WATER**