

# Healthy Habits Word Search

## Puzzle 159

S	G	G	B	G	P	R	E	F	L	E	C	T	I	O	N
F	K	M	N	A	U	M	M	Y	K	U	N	M	K	R	A
A	B	E	W	V	L	C	Z	O	E	O	S	F	H	E	T
T	A	R	B	I	O	A	H	B	I	A	E	H	E	L	Z
Z	R	H	Y	T	H	M	N	T	O	S	S	Y	A	A	S
S	K	F	W	D	B	A	A	C	I	U	F	E	L	T	O
T	C	K	R	H	S	R	Q	C	E	D	N	L	T	I	H
R	C	C	D	U	I	V	R	A	A	B	L	D	H	O	Q
U	M	E	R	P	I	E	O	H	Q	E	Q	E	A	N	A
C	H	R	S	F	X	T	E	Z	G	Q	J	A	L	R	Z
T	X	E	Z	E	N	A	U	R	E	R	Q	B	P	Z	Y
U	R	L	T	M	V	I	T	A	L	I	T	Y	N	O	C
R	H	A	C	O	O	R	D	I	N	A	T	I	O	N	Y
E	P	X	C	H	E	C	K	L	I	S	T	Y	F	Q	M
B	L	N	G	W	K	J	W	G	W	W	T	R	A	C	K
A	G	E	S	D	J	P	J	N	S	B	B	Z	J	Z	Y

**BALANCE  
CHECKLIST  
EASE  
FRUIT  
REFLECTION  
RELAX  
RHYTHM  
TRACK**

**BOUNDARY  
COORDINATION  
EXERCISE  
HEALTH  
RELATION  
RESPIRATION  
STRUCTURE  
VITALITY**

# Healthy Habits Word Search

## Puzzle-Solution 159

S	G	G	B	G	P	R	E	F	L	E	C	T	I	O	N
F	K	M	N	A	U	M	M	Y	K	U	N	M	K	R	A
A	B	E	W	V	L	C	Z	O	E	O	S	F	H	E	T
T	A	R	B	I	O	A	H	B	I	A	E	H	E	L	Z
Z	R	H	Y	T	H	M	N	T	O	S	S	Y	A	A	S
S	K	F	W	D	B	A	A	C	I	U	F	E	L	T	O
T	C	K	R	H	S	R	Q	C	E	D	N	L	T	I	H
R	C	C	D	U	I	V	R	A	A	B	L	D	H	O	Q
U	M	E	R	P	I	E	O	H	Q	E	Q	E	A	N	A
C	H	R	S	F	X	T	E	Z	G	Q	J	A	L	R	Z
T	X	E	Z	E	N	A	U	R	E	R	Q	B	P	Z	Y
U	R	L	T	M	V	I	T	A	L	I	T	Y	N	O	C
R	H	A	C	O	O	R	D	I	N	A	T	I	O	N	Y
E	P	X	C	H	E	C	K	L	I	S	T	Y	F	Q	M
B	L	N	G	W	K	J	W	G	W	W	T	R	A	C	K
A	G	E	S	D	J	P	J	N	S	B	B	Z	J	Z	Y

**BALANCE**  
**CHECKLIST**  
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**BOUNDARY**  
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