

# Healthy Habits Word Search

## Puzzle 162

O	Z	R	H	D	S	A	N	I	T	A	T	I	O	N	P
E	U	S	P	R	E	S	S	U	R	E	N	P	N	C	H
M	Q	T	T	G	P	N	O	T	E	J	H	O	X	M	P
D	H	H	D	R	O	B	U	H	Q	X	I	W	Z	I	G
I	X	F	E	O	E	C	R	O	M	T	R	A	C	C	L
G	D	L	N	D	O	N	W	E	O	C	B	L	W	R	I
E	P	E	G	E	H	R	G	M	A	B	J	K	Z	O	F
S	R	X	G	F	A	T	E	T	E	K	V	T	E	N	E
T	O	I	X	R	X	Q	U	K	H	T	G	P	B	U	S
I	T	B	J	B	A	I	Y	C	E	N	T	E	R	T	T
O	E	I	S	H	N	T	S	F	F	A	Q	F	C	R	Y
N	C	L	O	R	I	A	I	K	Z	R	R	U	J	I	L
Z	T	I	Y	F	P	E	Z	T	E	D	L	T	Z	E	E
V	I	T	S	Q	R	M	R	D	U	Z	V	J	N	N	N
G	O	Y	E	U	B	X	R	C	W	D	E	V	F	T	M
N	N	C	B	J	F	O	O	W	X	L	E	E	Y	W	Y

**BREAK  
DIGESTION  
FLEXIBILITY  
LIFESTYLE  
NOTE  
OUTDOOR  
PROTECTION  
STRENGTH**

**CENTER  
EMOTION  
GRATITUDE  
MICRONUTRIENT  
ORDER  
PRESSURE  
SANITATION  
WALK**

# Healthy Habits Word Search

## Puzzle-Solution 162

O	Z	R	H	D	S	A	N	I	T	A	T	I	O	N	P
E	U	S	P	R	E	S	S	U	R	E	N	P	N	C	H
M	Q	T	T	G	P	N	O	T	E	J	H	O	X	M	P
D	H	H	D	R	O	B	U	H	Q	X	I	W	Z	I	G
I	X	F	E	O	E	C	R	O	M	T	R	A	C	C	L
G	D	L	N	D	O	N	W	E	O	C	B	L	W	R	I
E	P	E	G	E	H	R	G	M	A	B	J	K	Z	O	F
S	R	X	G	F	A	T	E	T	E	K	V	T	E	N	E
T	O	I	X	R	X	Q	U	K	H	T	G	P	B	U	S
I	T	B	J	B	A	I	Y	C	E	N	T	E	R	T	T
O	E	I	S	H	N	T	S	F	F	A	Q	F	C	R	Y
N	C	L	O	R	I	A	I	K	Z	R	R	U	J	I	L
Z	T	I	Y	F	P	E	Z	T	E	D	L	T	Z	E	E
V	I	T	S	Q	R	M	R	D	U	Z	V	J	N	N	N
G	O	Y	E	U	B	X	R	C	W	D	E	V	F	T	M
N	N	C	B	J	F	O	O	W	X	L	E	E	Y	W	Y

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