

# Healthy Habits Word Search

## Puzzle 168

J	Q	H	C	S	T	R	E	N	G	T	H	T	X	E	T
C	H	I	L	V	G	B	L	A	B	J	A	Y	C	R	H
C	H	F	E	M	E	A	S	U	R	E	V	J	U	T	D
J	A	D	A	N	A	W	N	U	T	R	I	T	I	O	N
N	R	A	N	Z	E	L	O	D	W	L	K	Y	S	M	W
O	M	N	L	P	G	X	I	D	F	L	R	R	U	O	P
T	O	Z	I	D	R	I	U	R	A	Z	X	S	P	B	W
E	N	Q	N	U	Q	O	S	W	E	F	Q	A	P	I	T
J	Y	T	E	D	B	S	T	O	P	C	U	A	O	L	K
Q	K	Y	S	M	E	C	I	E	V	R	O	T	R	I	K
J	A	D	S	N	G	K	Y	R	C	E	O	V	T	T	S
H	J	M	T	O	W	Z	T	N	O	T	R	T	E	Y	P
A	J	I	W	S	G	Y	O	L	D	O	I	L	E	R	T
B	F	R	E	C	H	A	R	G	E	K	G	O	O	I	Y
I	W	C	G	G	I	L	P	H	E	P	X	C	N	A	N
T	G	P	W	Z	Y	A	U	E	P	G	D	A	N	J	D

**CLEANLINESS  
HABIT  
MEASURE  
NOTE  
OVERLOAD  
PROTEIN  
RECOVERY  
SUPPORT**

**FITNESS  
HARMONY  
MOBILITY  
NUTRITION  
PROTECTION  
RECHARGE  
STRENGTH  
WALK**

# Healthy Habits Word Search

## Puzzle-Solution 168

J	Q	H	C	S	T	R	E	N	G	T	H	T	X	E	T
C	H	I	L	V	G	B	L	A	B	J	A	Y	C	R	H
C	H	F	E	M	E	A	S	U	R	E	V	J	U	T	D
J	A	D	A	N	A	W	N	U	T	R	I	T	I	O	N
N	R	A	N	Z	E	L	O	D	W	L	K	Y	S	M	W
O	M	N	L	P	G	X	I	D	F	L	R	R	U	O	P
T	O	Z	I	D	R	I	U	R	A	Z	X	S	P	B	W
E	N	Q	N	U	Q	O	S	W	E	F	Q	A	P	I	T
J	Y	T	E	D	B	S	T	O	P	C	U	A	O	L	K
Q	K	Y	S	M	E	C	I	E	V	R	O	T	R	I	K
J	A	D	S	N	G	K	Y	R	C	E	O	V	T	T	S
H	J	M	T	O	W	Z	T	N	O	T	R	T	E	Y	P
A	J	I	W	S	G	Y	O	L	D	O	I	L	E	R	T
B	F	R	E	C	H	A	R	G	E	K	G	O	O	I	Y
I	W	C	G	G	I	L	P	H	E	P	X	C	N	A	N
T	G	P	W	Z	Y	A	U	E	P	G	D	A	N	J	D

**CLEANLINESS**  
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