

# Healthy Habits Word Search

## Puzzle 170

U	G	D	I	G	E	S	T	I	O	N	Y	U	G	N	A
C	I	T	K	E	I	A	Q	A	M	N	L	Z	F	Y	R
L	I	N	O	U	R	I	S	H	W	Q	R	A	Z	F	E
A	A	L	H	K	E	G	O	R	Y	E	G	Q	H	A	S
R	Q	T	F	A	P	J	O	O	T	K	Z	Q	A	N	P
I	B	H	N	O	B	Z	B	N	V	Y	K	F	R	B	I
T	I	A	P	P	Z	I	E	A	O	E	P	S	M	E	R
Y	N	N	I	O	Z	C	T	K	G	M	X	P	O	D	A
L	T	K	S	U	E	J	U	O	J	A	I	J	N	T	T
V	R	F	T	I	M	E	O	U	T	K	J	C	Y	I	I
S	O	U	E	X	M	I	M	M	U	N	I	T	Y	M	O
S	S	L	A	T	B	A	A	Q	F	R	E	D	O	E	N
A	P	L	X	H	X	V	M	F	Q	E	I	R	T	A	T
Q	E	A	Y	Q	V	P	I	V	W	H	V	N	R	X	E
R	C	S	E	L	V	M	I	N	E	R	A	L	B	E	F
Q	T	C	D	A	G	Q	F	R	U	I	T	B	W	E	X

**BEDTIME  
CLARITY  
ERGONOMIC  
HABIT  
IMMUNITY  
MINERAL  
RELAX  
THANKFUL**

**CENTER  
DIGESTION  
FRUIT  
HARMONY  
INTROSPECT  
NOURISH  
RESPIRATION  
TIMEOUT**

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## Puzzle-Solution 170

U	G	D	I	G	E	S	T	I	O	N	Y	U	G	N	A
C	I	T	K	E	I	A	Q	A	M	N	L	Z	F	Y	R
L	I	N	O	U	R	I	S	H	W	Q	R	A	Z	F	E
A	A	L	H	K	E	G	O	R	Y	E	G	Q	H	A	S
R	Q	T	F	A	P	J	O	O	T	K	Z	Q	A	N	P
I	B	H	N	O	B	Z	B	N	V	Y	K	F	R	B	I
T	I	A	P	P	Z	I	E	A	O	E	P	S	M	E	R
Y	N	N	I	O	Z	C	T	K	G	M	X	P	O	D	A
L	T	K	S	U	E	J	U	O	J	A	I	J	N	T	T
V	R	F	T	I	M	E	O	U	T	K	J	C	Y	I	I
S	O	U	E	X	M	I	M	M	U	N	I	T	Y	M	O
S	S	L	A	T	B	A	A	Q	F	R	E	D	O	E	N
A	P	L	X	H	X	V	M	F	Q	E	I	R	T	A	T
Q	E	A	Y	Q	V	P	I	V	W	H	V	N	R	X	E
R	C	S	E	L	V	M	I	N	E	R	A	L	B	E	F
Q	T	C	D	A	G	Q	F	R	U	I	T	B	W	E	X

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